

# Forces

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## Observation

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## Observation

Stacy W. Johnson

### The Treadmill

Emma Montgomery

My legs are aching.  
I wheeze with each ragged breath.  
My lungs are screaming.

Are the runners around me  
struggling as well?  
Am I alone in this  
turbulent moment in time?

The world is a treadmill  
on a speed that our fragile legs  
cannot match.  
The controls are broken.  
No one can shut it off.  
Momentum spirals out of control

If we don't keep up  
we'll fall  
My fellow runners are  
stumbling around me.  
Others are falling  
never to get back on  
the treadmill

Will it ever slow down  
Will some omnipotent creation  
runners pray and scream to  
take pity on us  
Or do our cries fall on deaf ears  
We continue to flounder  
Stuck but ever moving  
on this forsaken treadmill