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## Full of Hope, Out of Gas

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**FULL OF HOPE, OUT OF GAS**  
Meredith P. Embry

**PANIC**

Tiffany Page

Suffocating	This prison I'm in
Heavy	If <i>they</i> could just...
My heart is willing	If <i>this</i> could just...
But my hands aren't ready	If <i>that</i> could just...
These thoughts are screaming	Then <i>I</i> could just...
Ablaze with dread	Stop.
As feelings of terror	Start.
Take over my head	Go.
I'm attached to this couch	Live.
Like it's sewn to my skin	
And I can't seem to escape	