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## Flying High

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**FLYING HIGH** MAYA RUTLEDGE



### **She Birthed Her**

RACHEL DELIGHT WALKER

I had to birth this  
 Pen in hand  
 This labored write

I had to birth this  
 Tear in eye  
 Contractions timed in cite

She was meek and docile  
 Without any indication of self  
 She, selfishly selfless seeking sheep  
 He sheep - she wanted

She sought love through herding  
 Love, even when she knew of sharing  
 She, shamelessly sat silent seeking  
 He slept - she left

I wanted to show her strength of self  
 Remind her, she could do the shit herself

I needed to reveal the power from within  
 And to embrace her beautiful skin

Remind her of her beautiful daughters  
 And refuse this path to generations after

So... she no longer stands  
 But of sand she drifts

I  
 Am not  
 Her.