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## We are Maybe Not Prepared

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**WE ARE  
MAYBE NOT PREPARED**

Yvonne Morgenstern

Every stage  
is a whole life to lead,  
with happiness,  
and sorrow,  
and problems that fit one's age  
and may be solved  
or not.  
Each year,  
even each day,  
is a whole life to live.  
We renew our cells  
but memory  
somewhere remains  
of what we thought and were.  
As what we will become,  
we could maybe foresee  
if we stopped for a while  
our activity  
to think and reflect.  
Think about what, and how?  
There is no one to ask,  
no manual to consult.  
We may maybe find answers  
if we but take some time  
from pressure and from talk,  
but generally we don't.  
So, when the future  
knocks at our door,  
we are surprised and do not understand  
what is we have done wrong,  
and why we're not prepared.



**TEXTURE SCARS** Terry Chen

but memory remains somewhere of what we thought and were . . .