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## Out Loud

Linda Brooks Alred

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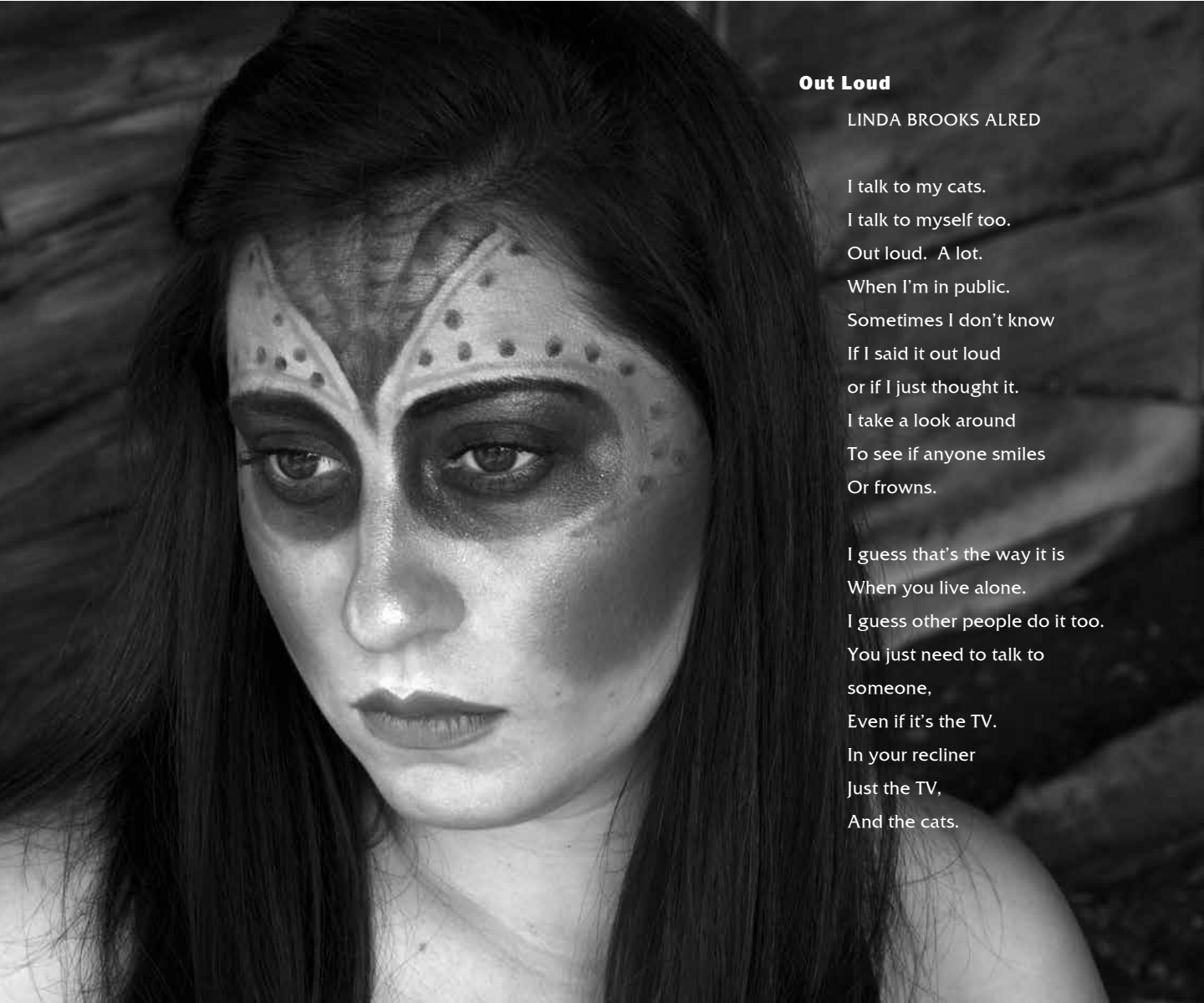
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WE ALL WEAR A MASK SARAH TURNER



**Out Loud**

LINDA BROOKS ALRED

I talk to my cats.  
I talk to myself too.  
Out loud. A lot.  
When I'm in public.  
Sometimes I don't know  
If I said it out loud  
or if I just thought it.  
I take a look around  
To see if anyone smiles  
Or frowns.

I guess that's the way it is  
When you live alone.  
I guess other people do it too.  
You just need to talk to  
someone,  
Even if it's the TV.  
In your recliner  
Just the TV,  
And the cats.