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## One

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**ONE**

Kerry Jeffrey

And then there was one  
One that survived  
Trapped behind its cage since birth  
One that endured pain for others  
Silenced only by happiness of others  
One that bled its voice over logical thought  
That stood by idle as time created rust  
One that had so much to say  
Shouting a warning upon deafened spaces  
One that protected you  
Gave you life  
One that strengthened  
Telling you that love is powerful  
One that showed you the truth about you  
And then there was one  
One...just one...lonely heart

**LOOKING UP** Taylor Roseberry