

Collin College

DigitalCommons@Collin

Caleidoscope

News Archive

10-16-1995

Caleidoscope 10/16/1995

Marisela Cadena-Smith

Follow this and additional works at: <https://digitalcommons.collin.edu/caleidoscope>

Recommended Citation

Cadena-Smith, Marisela, "Caleidoscope 10/16/1995" (1995). *Caleidoscope*. 131.
<https://digitalcommons.collin.edu/caleidoscope/131>

This News Article is brought to you for free and open access by the News Archive at DigitalCommons@Collin. It has been accepted for inclusion in Caleidoscope by an authorized administrator of DigitalCommons@Collin. For more information, please contact mtomlin@collin.edu.

Caleidoscope

COLLIN COUNTY COMMUNITY COLLEGE EMPLOYEE NEWSLETTER

October 16, 1995

Number 321



AWARD OF EXCELLENCE

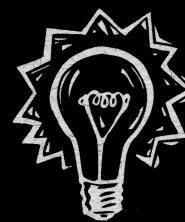
Collin County Community College received the "Excellence in Higher Education Award," given by the Association of Texas Colleges and Universities. The award, judged by a panel of newspaper higher education reporters and editors, was presented to CCCC during the association's annual meeting in Houston. Northeast Texas Community College also received the 1995 award.

Entries for the 1995 Excellence Award were nominated by the presidents and chancellors who make up the association's membership and represent Texas' public and independent institutions, including senior universities, community colleges, state technical colleges and health science centers.

SEE EXCELLENCE...PAGE 4

TABLE OF CONTENTS

STRIDE	2
Staff News	2
Staff Development	3
Aspire Institute	4
Co-op Month	4
Retirement	5
Seminars	6
What's Brewing	6
Celebration of Culture	6
Wellness News and Calendar	8
What's Brewing	8



You Asked For It!

Frequently the person that answers your phone is the first contact the caller has with the college. Please plan to send your student assistants/federal work study students for Telephone Training on October 20 from 10 a.m. - 12p.m. F110/SCC.

WE MET THE CHALLENGE!!

Congratulations to all CCCC faculty, staff and administrators who participated in the 1995 Stride for Excellence 10K & 5K Run/Walk. This year over 120 CCCC employees participated in the STRIDE Challenge either as volunteers or as runners/walkers. The CCCC Foundation would like to thank each of you for your support of the Scholarship program. The winning division for the STRIDE Challenge is the President's division which had a 94% participation rate. Dean of Students division was second with a 54% participation rate. The winning division will receive a catered meal. Overall, the STRIDE 95 was very successful.

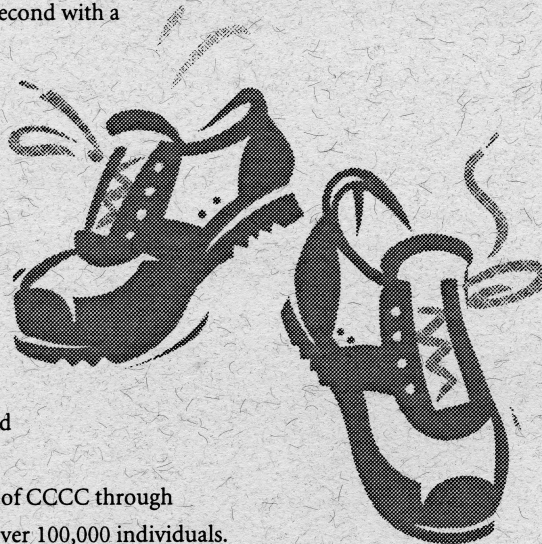
We had an increase of 135% in the number of runners/walkers with over 460 registering for the event.

We were also able to direct \$15,000 to benefit student scholarships in the Stride for Excellence Endowed Scholarship Fund and the McKinney Youth Fund.

The STRIDE 95 increased awareness of CCCC through direct or indirect contacts reaching over 100,000 individuals.

The Foundation would especially like to thank the 1995 Stride Captains and volunteers for their help in making the Stride so successful.

A special thanks to the following individuals:



2

1995 STRIDE CAPTAINS

Karla Chunn
Russell Kunz
Pat Dysart
Estelita Young
Mary Weis
Barbara Lusk

Mary McRae
Amanda Klemm
Katherine Luft
Mary Wright
Leslie Lounsbury
Shari Swift

Mike Crawford
Brian Boring
Anita Wormald
Kim Russell
Juanita Austin
Wendy Burton

1995 STRIDE VOLUNTEERS

Dea Norton
Darla Murphy
Bob Sherard
Kathy Kerby
Mary Wright
Daniel Oney
Wendy Burton
Pam Love
Barbara Sneary
Rachel Meyers
Mary Anne Seale
Stephanie Hanson

Dr. Anthony
Kelley Reynolds
Judy LaGrone
Jean Helgeson
Joe Knop
Larry Williams
Lydia Gober
Tom Martin
Carole Upton
Tommy McKinzey
Kim Sinclair
Rex Parcells

Allen Barbaro
Barbara Miller
Michelle Songy
Shari Swift
Maxine Phillips
Sherri Rivers
Gloria Daniels
Karla Chunn
Rita Parker
Carolyn Burgett
Walt Nilsen
Sherry Jeffrey

OCTOBER BIRTHDAYS

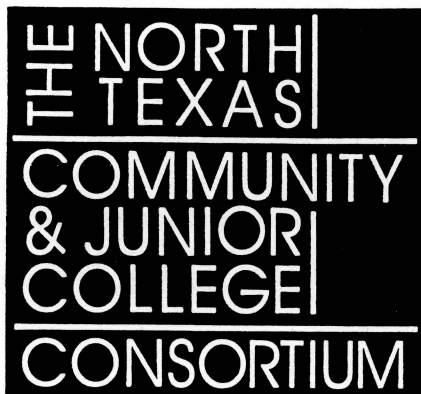
David Glosson 10/15
Pamela Justice 10/15
Rhonda Parsley 10/16
Jeff Edwards 10/18
Amy Gray 10/18
Jack Gray 10/18
Marilyn Moss 10/18
Debra Ewers 10/19
Margie Lasek 10/20
Earl Perry 10/21
Tommy McKinzey 10/22
Judy Sanchez 10/22
Michele Boverie 10/23
Gina Hight 10/23
Shirley Valentine 10/23
Marilyn Oliphant 10/24
Lee Owings 10/24
Maxine Phillips 10/25
Robert Sherard 10/25
Karen Farrell 10/26
Suzette Minatrea 10/26
David Garrison 10/27
Claudia Budjenska 10/28



NEW CHAIR CHOSEN

Wendy Burton is the 95-96 chair of the Texas Consortium for Educational Telecommunications. The group meets in October and April. The college hosted the event in the spring of 1994. The group includes many two-year colleges and other institutions of higher learning.

STAFF AND FACULTY NEWS



PROMOTING STUDENT SUCCESS

the Fall 1995 Conference of the
North Texas Community and Junior College
Consortium

Registration Form Consortium Fall Conference Promoting Student Success November 2-3, 1995

Please provide the following information and mail this form, along with your check or college purchase order number, to:

North Texas Community and Junior
College Consortium
University of North Texas
P.O. Box 13857
Denton, TX 76203-3857

Registration Fee:

- ☐ Entire Conference: \$65
☐ Thursday Workshops & Dinner: \$25
☐ Thursday Workshops Only: \$15
☐ Thursday Dinner Only: \$15
☐ Friday Activities Only: \$45
☐ Total

Name: _____

Institution: _____

Position/Title: _____

Mailing
address: _____

Telephone: _____

Fax: _____

College P.O. #: _____

Preliminary Program and Registration Form

When: November 2-3, 1995; the conference will begin Thursday afternoon and continue through Friday.

Where: Tarrant County Junior College, South Campus

Conference Objectives:

- To focus on current issues in higher education teaching, learning, and administration affecting Student Success.
- To include perspectives of students, faculty, and administrators.
- To showcase successful classroom and campus-wide strategies for Promoting Student Success.

Conference Participants: Colleges are encouraged to send teams representing various groups and perspectives on campus.

Conference Agenda: See the back side of this page.

Conference Fee:

- Entire Conference: \$65
Thursday Workshops & Dinner: \$25
Thursday Workshops Only: \$15
Thursday Dinner Only: \$15
Friday Activities Only: \$45

Hotel Accommodations: For those needing to stay overnight Thursday, the **Holiday Inn South & Conference Center** is located on I-35W at Exit #44 (just south of the I-20 and I-35W intersection, close to the Tarrant County Junior College South Campus). Call 817-293-3088 for reservations.

For Further Information:

If you have questions, please call the Consortium Office, 817-565-4035.

Conference Agenda

Thursday, November 2

- 1:30-6:45 Conference Registration
- 2:30-4:00 *"The Moveable Feast": a New Consortium Initiative for On-Campus Workshops and Presentations*
- 2:30-4:00 *"An NSF Professional Development Grant for Math, Science, and Technology Faculty: Preliminary Brainstorming and Planning"*
- 4:00-4:30 Refreshments
- 4:30-6:30 *"Part-time Faculty Issues and Initiatives"*
John Roueche, University of Texas at Austin
- 6:30-7:00 Team Time for Processing, Discussing, Planning
- 7:00-8:30 Dinner and Keynote Address #1
 Presiding: **Jim Williams**, Grayson County
"The Monster Under the Bed: A Challenge to Learning Communities"
Steve Mittelstet, Richland College

Friday, November 3

- 8:30-9:15 Registration and Refreshments
- 9:15-9:30 Welcome and Overview of the Day
- 9:30-10:40 Student Panel Discussion: *"Promoting Student Success: the Student Perspective"*
- 10:40-11:00 Refreshments
- 11:00-12:00 "Promoting Student Success" Initiatives, Round #1
- *"Integrating Workplace Skills: A Process, Not an Event"*
 - *"Critical Thinking Techniques in Teaching Social Science"*
 - *"The Tarrant County Junior College Science Tutorial Lab Program"*
 - *"Total Quality Management in the Classroom"*
 - *"Promoting Success for the Non-Traditional Student in Health-Related Classes"*
 - *"Promoting Successful Reading Programs through Outcomes Analysis"*
 - *"The Need for Writing-Across-the-Curriculum in a Two-Year College"*
- 12:00-1:20 Lunch and Keynote Address #2
 Presiding: **Oswell Person**, Tarrant County Junior College, South Campus
"Moving Toward 2000: Community College Trends and Issues"
John Roueche, University of Texas at Austin
- 1:30-2:30 "Promoting Student Success" Initiatives, Round #2
- *"Building a Community of Learners: Students as Teachers, Teachers as Students"*
 - *"Tutoring More and Better for Less"*
 - *"The Grammar of the Harlem Renaissance"*
 - *"Working Toward Excellence: Expanding Knowledge Through Group Experience"*
 - *"The Student Spanish Language Log: La Libreta"*
 - *"Creating a Supportive Climate for Learning: Looking at the Obvious"*
 - *"Incorporating SCANS Competencies into a Course Syllabus"*
 - *"A Dozen Courses at the Same Time: Confusion or Comprehension?"*
- 2:40-3:40 "Promoting Student Success" Initiatives, Round #3
- *"Learning Communities: Collaborative Teaching, Collaborative Learning, and Integrating the Core"*
 - *"Vision for Information Access: Meeting the LRC/Library Service Imperative - Empowering Students and Academia Toward a United Success"*
 - *"Connecting Students with Success: an Institutional Model"*
 - *"A Gathering of Shades: Characters from the Past"*
 - *"Student Volunteers as Active Learners"*
 - *"Curriculum Enhancement Through Multimedia Presentations"*
 - *"Team Teaching Across Disciplines"*
- 3:45-4:45 Refreshments and Team Time for College-Specific Dialogue and for Conference Evaluation
- 4:45 Adjournment

1995-96 SECC/CCCC Campaign



\$700

\$1400

\$2100

\$2800

RECEIVED TO DATE

\$780

OUR GOAL --> --> --> --> --> \$2,800

Can you give?:

55¢ per day - a soft drink

50¢ per day - daily newspaper

35¢ per day - cup of coffee

OR \$7.00 per month - a movie

\$5.00 lunch - fast food

\$10.00 lunch - nice restaurant

PRIZES!! PRIZES!! PRIZES!! PRIZES!! PRIZES!!

!! ONE NITE STAY AT THE MARRIOTT !!

Drawing from bank draft givers.

(Bank draft begins January, 96 / 12 equal monthly installments.)

***On the Border* \$10 gift certificate**

Texas Ranger All-star game cap

Texas Ranger All-star duffle bag

Drawing from ALL who contribute by October 25.

DEADLINE for receipt of all contributions is November 1.

CAMPUS BULLETIN BOARDS

Just a reminder that each campus has bulletin boards dedicated for the display of advertisements under the following categories:

CAMPUS NEWS

departmental and student group
sponsored events

CLUB NEWS

student group events/meetings

COMMUNITY INFORMATION

events and volunteer activities occurring
and sponsored by community groups
and businesses

HOUSING

homes/apartments/rooms that are for sale
or rent as well as roommates wanted

FOR SALE OR RENT

personal or business items or services that
are for sale or rent

At CPC and SCC, all flyers must be submitted to Student Activities personnel for approval and posting – CPC, D109; SCC, F129. At PRC, all flyers must be submitted to Mike Svoboda in Academic Advising, F125 for approval and posting. Copies of the Posting Procedures and Guidelines are available in these offices as well as in the Student Handbook.



COLLEGE TEACHING TODAY

October 20 East Texas State Univ. \$30
Keynote speaker is Dr. Maryellen Weimer, familiar to many of us through her publications and distinguished career at Penn State in the National Center on Postsecondary Teaching, Learning, and Assessment.



FINE LINE

Halloween Concert-October 27

The "Spring Creek New Music Ensemble," directed by Patrick Keel, presents an evening of 20th century compositions. John Anthony Theatre, \$2.00 General Admission. Call ext. 5107 for time and ticket information.

A LIVE VIDEOCONFERENCE...

Support Services for Students with Disabilities in Postsecondary Educational Settings

Today the boundaries of the college campus are no longer confined to nondisabled students and are expanding to include a growing number of students with various types of disabilities. To meet the unique and diverse needs of these students requires support services to be equally unique and diverse. In response to this demanding endeavor, Mississippi State University is hosting a

national interactive videoconference which will examine and discuss a wide variety of issues related to support services for students with disabilities.

Topics will include:

- the role of support services for students with disabilities
- legal issues associated with accommodating students with disabilities
- meeting the needs of students with disabilities in postsecondary educational settings

The videoconference will take place Wednesday, Oct. 18 from 12:30 p.m. - 3:15 p.m. in SCC/F108D. Please call ext. 5828 for additional information.

STAFF DEVELOPMENT

EDUCATING ONE-THIRD OF A NATION V: CONSTRUCTING THE NEXT AMERICAN DREAM

Oct. 18-21 Kansas City, Missouri \$300
Coordinated by the American Council on Education, this year's conference has a special emphasis on American Indians in higher education.

7TH ANNUAL SOUTHWEST SEMINAR FOR GREAT TEACHING

Oct. 20-22 Ruidoso, NM \$250
This is a participant-centered seminar that utilizes a format which is designed to tap the interests/needs of those present.

EVOLVING FACULTY ROLES: MEETING NEW CHALLENGES

Nov. 2-4 Ann Arbor, Michigan \$300
The conference is designed exclusively for community college teaching professionals.

For more information contact Martha Ellis at ext. 6606.

FACT

There are 14
skeletons in the
physical
anthropology
storage closet.

ASPIRE INSTITUTE

CCCC and the PROMISE Program are happy to announce a valuable program for displaced homemakers and single parents beginning in November. The Aspire Institute is designed to address both short term and long term career goals for those struggling with divorce, separation, death or disablement of a spouse, as well as single parents and single pregnant women and teens. Employment skills training and vocational-technical education will offer options to those in transition.

In addition, support services will offer a more holistic approach. Career assessment testing, personal counseling, mentoring, a professional clothing exchange, and an employment network will help overcome obstacles that many displaced homemakers/single parents encounter.

Dependent care assistance will be offered for Aspire workshops. The opportunities offered by the Aspire Institute are funded through a Carl Perkins Vocational

4 Education Grant. The same format will be offered again in the Spring.

Aspire Institute Information Sessions will be held at the following campus locations: SCC, C108 – Monday, Oct. 16, 2 p.m. and 6:30 p.m.; CPC, Pike Hall – Tuesday, Oct. 17, 2 p.m. and 6:30 p.m.; PRC, F109 Wednesday, Oct. 18, 10 a.m.

For more information call Kathy Denton, Program Associate, at ext. 6851.



Help!

Professional Clothing Exchange
We need donations of gently used professional type clothing to offer Aspire participants for job interviews. All sizes needed. If you can help...

Call

Kathy Denton, ext. 6851.

OCTOBER IS CO-OP MONTH

During the month of October, celebrate National Co-op Month with CWE. We salute the CWE partners who help students find a clearer career path through the job jungle.



Thanks to Dr. Anthony who envisioned CWE at CCCC and to Dr. Barbara Eubanks who accepted the challenge of bringing the vision to reality. With the hard work of

faculty members such as Glenn Adams, John Baltzer and Dianna Ramsower (and many more) the program has grown significantly as part of the instructional offerings at CCCC.

Thanks to the CCCC faculty who prepare the way with the academic foundations and many who serve as the connecting links between students, employers and the CWE office.

We also salute a very significant partner group, the employers of the metroplex and Collin County, who help prepare students for the work environment. Since the beginning of the program, over 750 employers have provided Co-op students with training through the CWE program.

Over 1500 students have gained valuable work experience and expanded their abilities to secure satisfying work in their chosen fields. Through the processes of goal setting, on-the-job training, and the professional development seminars, students earn 3 hours academic credit, income, and valuable work experience for future employment.



On Wednesday, October 25, CWE will host an information breakfast, "A Co-op Safari Helping Students Make Sense of the Job Jungle" in the SCC Conference Room, 8 - 9:30 a.m. Any faculty or staff member wishing to know more about Co-op is welcome. To ensure your cup of coffee, please call CWE to reserve a spot, ext. 5735. Stop by and visit a CWE office on your campus, PRC, F242; CPC, B252; SCC, B235. 🍁🍂🍁

EXCELLENCE, CONTINUED FROM PAGE 1

CCCC's Promise Program was recognized by the judges for having best met the Excellence Award's guidelines of developing "a unique program, serving its community and constituency in an exemplary way or creating a new and novel solution to resolve a problem inherent in higher education today."

The Promise Program provides education opportunities, support services and activities to assist displaced homemakers, single parents and single pregnant women to become self-sufficient. Since 1991, the program has touched the lives of more than 700 individuals by allowing participants to obtain marketable skills and develop life coping strategies.

RECRUITMENT AND RETENTION

The Recruitment and Retention Center has completed a successful two week extensive high school recruitment session. Listed below are the results by school:

Allen	214
Community	217
Denton	54
Greenville.....	121
Lewisville	52
McKinney.....	266
Pilot Point	112
Plano East.....	150
Plano Senior.....	107
Princeton	249
Prosper.....	193
Richardson.....	21
Rockwall.....	83

Total contacts for Fall 1995
1,839

Total Contacts for Fall 1994
1,497

A comparison between Fall 1994 and Fall 1995 shows a 22% gain in total contacts during the same two week time frame.



BANNERS!

College departments and student groups can make and hang banners on each campus according to established banner policies and procedures. Banner reservations and approval, as well as copies of the policies/procedures and creative hints, are available in each of the following locations: CPC Student Activities Office, D109; PRC Provost's Office, F133; and SCC Student Activities Office, F129.

The finished size of CPC and PRC banners can be up to 3' (wide) x 5' (tall), while SCC banners can be up to 6' x 8' or 8' x 6'. See respective campus office for specific details and suggestions.



THE DECISION IS IN

Campus reaction to the O. J. Simpson verdict as captured by Zac Ramsey, CCCC photography student and son of Mary Ramsey, advisor to Students with Learning Disabilities.

5

WHAT IS AN INSTITUTE FOR LEARNING IN RETIREMENT ...and Why Are We Going to Have One?

Across the U.S. and Canada more than 200 Institutes for Learning in Retirement (ILR's) are dedicated to meeting the educational and fellowship interests of individuals of retirement age. These membership organizations are sponsored by colleges and universities, but the members themselves determine the educational goals and how to develop the programs to meet those goals.

ILR's offer a unique educational opportunity in which peer learning, collaborative leadership and active member participation are fundamental. The curriculum, chosen, designed and often led by members is at the core of each ILR. A commitment to learning is the common bond among the many thousands of energetic and enthusiastic ILR members. ILR's foster and capitalize on the strengths of older adults, empowering them to continue learning, expand their horizons and enhance their personal development.

CCCC has applied to be an "ILR in Development" and we are ready to begin implementing plans for our own ILR. The idea is enthusiastically sponsored by the college and we feel certain the addition of this program will be exciting and rewarding.

If you would like to take part in developing this exciting new program, please call Margo Vargas at 985-3734.



SEMINARS OFFERED

The seminars are free and open to the public.

"Equal Rights Not Special Rights Why Lesbians and Gay Men are the Civil Rights Movement of the 1990's"

Wednesday, Oct. 18, 11 a.m.

Black Box Theatre, SCC

Martha Fitzwater, attorney and human rights activist, will address equal protection, the right to privacy and the separation of church and state guaranteed to all American citizens. She practices law in Austin and serves on the Board of Governors of the Human Rights Campaign Fund, San Antonio Express News Community Board of Advisers and as vice chair of the Texas Association of Lesbian & Gay Elected and Appointed Officials.

"Life in the Hamster Cage - Are You Running and Getting Off Where You Started?"

Wednesday, Nov. 8, 11 a.m.

SCC, F108

Mark E. Hundley, a Licensed Professional Counselor, will be the speaker. He is the author of the book "Awaken to Good Mourning," which recounts rebuilding a life after the death of a loved one. In his presentation, Hundley will explore ways to bring about positive change. These programs are presented by CCCC's Counseling Services, Staff Development and Student Activities offices. For more information, call Linda Qualia at ext. 5126.

How to Annoy Others and Create Conflict

Thursday, October 26, 11 a.m.-12:30 p.m.

SCC, F108B

Thursday, October 26, 6:30 p.m.-7:45 p.m.

PRC, Student Lounge

Carol Dearing-Rommel, certified and licensed speech pathologist and audiologist, will discuss:

How to Recognize Nonverbal Signals of Conflict

The Verbal Signs that Herald Conflict

How to Frame Language as a Proactive Resolution Strategy

Dearing-Rommel is a voice, talent and image development consultant to local, regional and national personalities and public figures and is back by popular demand for the fourth year in a row.

Faculty are welcome to bring classes and asked to encourage students to attend. For more information, call Margie Lasek, ext. 5787. This lecture is sponsored by the Student Activities Office and Leaderquest.

Evening Campus Administrators for the Fall Semester are:

	SCC	CPC
Monday	Peggy Breedlove	Marilyn Moss
Tuesday	Peter Leitner	Martha Tollison
Wednesday	Kathy Lingo	Vicki Woolverton
Thursday	Byrd Williams	Lillie Palmer
Saturday	John Joshua	



CELEBRATION OF CULTURES

Mark your calendar now! The Celebration of Cultures will be April 15-19. Get involved with:

Adopt-a-Flag

The cost of adopting a flag has increased this year to \$10 or \$12, depending on the flag. You may specify which country you'd like to adopt or the campus where you'd like your flag to be displayed. An adopt-a-flag campaign is beginning for Preston Ridge. For more information, call Peggy at ext. 5703.

Geography Quiz

With almost half of its land as meadows and pastures, this country's total area is slightly smaller than Texas. It is an extremely poor, landlocked country that is highly dependent on farming (especially wheat) and livestock raising (sheep and goats) Call Amina El-Ashmaway at ext. 5961 to name this country. Those who respond correctly will have a chance to win a Celebration of Cultures T-shirt.

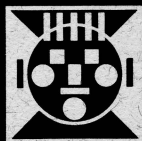
Answer and Winners

Last issue's country was Brazil. Those who answered correctly were Jean Helgeson, Tom Caiazzo, Carole Lowe, Bill James, Mike Cohick and Dennis Holland. Winners for the previous issue were Susan St. John, Mike Cohick and Dennis Holland, who answered "Egypt."

FACT

**Continuing
Education offers
classes seven days
a week, fifty
weeks a year**

VIRTUAL REALITY



Virtuality 2000, cosponsored by the Student Advisory Council and Student Activities Office, will be at CPC on

Monday, October 23 from 11 a.m. - 5 p.m. in the West end of the cafeteria and at SCC on **Tuesday, October 24 from 11 a.m. - 5 p.m.** in the Atrium.

Experience the newest and most advanced Virtual Reality technology available today. The system 2000 makes the first generation of VR seem prehistoric. With a radical new system design that increases player throughput as well as video quality imagery through superbly realistic 3D texture mapped graphics. Total immersion and full interactivity at 360 degrees are provided through this new technology. The new ultra lightweight and fully adjustable visette allows players of any size a comfortable and exciting experience.

Free to CCCC students with a valid ID, \$1.00 for faculty and staff and \$2.00 for community members. Step out of the 90's and into the future with Virtuality 2000, the next generation.

SAFAC TO MEET

The Student Activities Advisory Committee is scheduled to meet on the following dates this semester: Tuesday, Oct. 31 and Tuesday, Nov. 28. An allocation of \$7,000 has been approved for the 1995-96 funding requests. Registered student organizations and college departments may request funding for appropriate student activities. Information is available from the student Activities Office at CPC and SCC. All requests must be completed on the Funding Request Form and submitted to Director of Student Activities Margie Lasek (SCC:F129) by one week prior to the scheduled SAFAC meeting.

ROGER'S STORY

You may have seen Roger "driving" around in his motorized wheel chair. He's a pretty good "driver" and he's also a student at CCCC. As a matter of fact, it's his first semester here, so if you see him, be sure to say "howdy" and make him feel welcome.

Roger Williamson has cerebral palsy, a condition caused by damage to the brain, usually at or near birth. People with CP often have impairment of sight, hearing or speech. Limbs may not function and are fixed in spastic positions. Some have mental retardation. But even if their minds are bright, they may be unable to communicate their intelligence, feelings and needs.

While Roger's ability to speak is affected by his CP, he can communicate with you if you take the time and have the patience to "listen" to him. The way Roger communicates is by pointing to letters on the communication board on his wheel chair. He spells out the words he wants to tell you—just as he did today when we interviewed him.

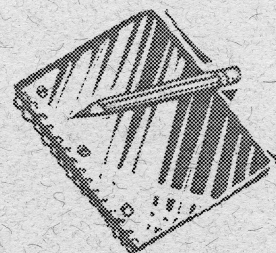
We learned that Roger spent many years in an institution and was thought to be mentally retarded "because I couldn't communicate otherwise." Now that he can communicate with his board, it is obvious that he is very bright and motivated to acquire a good education and land a job. Roger spelled out this thought for us: "Don't think that because I use a wheel chair I can't think." On another occasion Roger was quoted as saying, "If you have some patience, you'll see I have worthwhile things to say." Roger is confident he can master the course work at CCCC and acquire skills that could lead to employment in the computer field. He credits much of his progress, success and motivation to programs and staff of United Cerebral Palsy of Metropolitan Dallas. UCP focuses attention on abilities rather than disabilities and provides the mechanisms for independent growth, self-

determination and community inclusion for people with CP and other disabilities. UCP provided services for Roger for six years and was instrumental in facilitating Roger's transition from a group home into a semi-independent living situation and his enrollment at the college.

UCP is only one of many agencies in our area who serve people with diverse needs and Roger is only one of many success stories. It is the generous contributions of people like you through our SECC that allow these agencies to continue their efforts. So we hope you'll look for Roger "driving" around campus and let him know you read about him in *Caleidoscope*. And we hope you remember that you have many choices, **BUT PLEASE CHOOSE TO GIVE.**

Deadline for contributions to the State Employees Charitable Campaign is Wednesday, November 1.

The Campaign Coordinators are:
Shari Swift and Margo Vargas



THE WRITE STUFF

Faculty...Please remind students from all disciplines that their reports, essays and research papers are eligible for publication in *The Write Stuff*, the writing-across-the-curriculum journal available in January. Because the submission deadline is Nov. 1, your initial class announcements and continued participation in collecting model writing examples will ensure this journal's success. Please call ext. 5981 for information or additional submission forms.

CALEIDOSCOPE DEADLINES

Caleidoscope production for the 1995-96 school year features a 5 p.m. Friday deadline, one working day earlier than the previous deadline. This should help minimize delayed issues. Please submit lengthy articles on a disk in ASCII-text format only to Lisa Tanner, F102, SCC. Fax short items to 881-5971. Call 881-5615 for more information.

Deadline	Distribution	Issue
Oct. 20	Oct. 30	#322
Nov. 3	Nov. 13	#323
Nov. 17	Nov. 27	#324
Dec. 1	Dec. 11	#325
Jan. 5	Jan. 15	#326
Jan. 19	Jan. 24	#327



WELLNESS

Employee/Community CPR Class

November 1, 1995

Wednesday, 7:00-10:30 p.m.; E211, CPC

Cost: FREE for employees

\$20 for community/students

Registration Deadline: October 27, 1995

Taught by Barbara Myers. Note: Please remove lipstick before class.

Contact: Linda Adams, 881-5777

American Heart Association

"Course B" CPR certification

Includes adult, child, and infant cardiopulmonary resuscitation and obstructed airway. Training card is given at the end of course. Many nurses may need "C" course, which is for health care providers. This course does not satisfy that requirement. If you need "Course C", please notify Linda Adams at 881-5777.

Dream Interpretation

November 7, 1995

Tuesday, 6-8 p.m.; A217, SCC

Cost: Free

Registration Deadline: November 1, 1995

What's in a dream? Come find out the meaning of your dreams with psychologist

Diane Bruce.

Contact: Linda Adams, 881-5777

Personal Safety

November 8, 1995

Wednesday, 2:30-3:30 p.m.; A217, SCC

Registration Deadline: October 1, 1995

Now that our times are changing, come learn ways to avoid dangerous situations in the workplace and in society. The Plano Police Department will provide helpful tips on how to protect yourself as well as your family. Contact: Linda Adams, 881-5777

Wellness Partners

Employees only

November 9, 1995

Thursday, 12:15-1:15 p.m.; A217, SCC

Cost: Free

Contact: Linda Adams, 881-5777

Bring healthy lunch and join us for a new employee-moderated group that offers support, encouragement, and strategies for understanding weight-control. This program is unique because it is employee driven. Additional activities will be guest speakers, recipe sharing, strategy swapping, and more. For more information contact Linda Adams, ext. 5777.

Open Aerobics

Low to medium impact aerobics, step classes, warm-up, cool-down, stretching, and toning.

M/W 4-5 p.m. Dance Studio, SCC

T/TH 4-5 p.m.; A217, SCC

taught by Anne Hensarling and Linda Adams; contact ext. 5777

M/W 4-5 p.m.; Dance Studio, CPC

taught by Karla Chunn; contact ext. 6887



WHAT'S BREWING

QUAD C THEATRE PRESENTS:

"Stand Up Tragedy"

Oct. 18-22.

John Anthony Theatre

Call the Box Office 881-5809

RECIPES...The Celebration of Cultures task force is creating a cookbook and invites everyone to send in your favorite recipes. Send your recipes, or those of your family and friends, to Peggy Breedlove at SCC by Friday, Oct. 20. Contributors names will appear in the cookbook.

MAMMOGRAMS AVAILABLE

December 8, 1995

Friday, beginning at 8 a.m.

Cost: \$79.00 or your \$5/\$10 co-pay. Check with your insurance company and benefit plan. Most insurance companies will cover these services.

The Susan G. Komen mobile van will be located in the parking lot next to tennis courts, SCC. You will need a referral number and the front and back copy of your insurance form. Call 1-800-422-9567 to register. Registration deadline: December 5, 1995

