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Caleidoscope

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## Caleidoscope 3/6/1995

Marisela Cadena-Smith

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# Caleidoscope

Collin County Community College Employee Newsletter

March 6, 1995

No. 305

## PRC Update

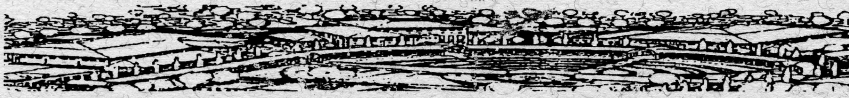


Photo by John Schuster

The exterior of Founder's Hall nears completion. Inside, workers are painting and installing tiles and light fixtures. Construction on Building "E", Heritage Hall, is a bit behind, but overall, Preston Ridge Campus is right on schedule.

## CCCC Blood Drive

There's a 90% chance you'll need a blood transfusion in your lifetime. This means the need for blood is crucial in our everyday lives. In order to ensure that we have an adequate blood supply, BloodCare must collect more than 450 units per day. With your help we can do just that. By donating one pint of blood you can save up to four lives. Have a heart, give life.

**Days:** Tues, March 7; Weds, March 8

**Times:** 9 a.m. - 5 p.m.

**Location:** Student Lounge

Contact Deborah Anglin at ext. 5785 for more information. **Free T-shirts!**

## Important Submission Information

Due to Spring Break, the scheduled March 20 issue of Caleidoscope will not be published. Please submit items for the April 3 issue by March 27.

## Caleidoscope Info

*Caleidoscope* is published every two weeks.

Because of the volume of information received for *Caleidoscope*, lengthy items **must** be submitted on diskette in WordPerfect.

Brief items may be faxed to the editor. For more information, please contact Lisa Tanner at ext. 5615 (F102/SCC).

Fax Number:

881-5971

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## Don't Forget

Discount tickets to Six Flags and Sea World can be picked up at the Human Resources Office at Central Park Campus or Spring Creek Campus.



## Staff/Faculty News

Beverly Tremain, Wellness Coordinator, completed her Ph.D. in Health Studies December 1994 at Texas Woman's University. Tremain also coauthored the book chapter "Exercise and Preventative Medicine" with Dr. Stephen Blair, epidemiology director at the Cooper Institute for Aerobics Research. The book title is *Current Therapy in Sports Medicine*.

## College Representatives Come to SCC

Elizabeth Evans, a representative from Southern Methodist University, will visit with CCCC students at SCC on Wednesday, March 8 in the atrium from 11 a.m. - 1 p.m.

## Be a Featured Guest at Barnes & Noble

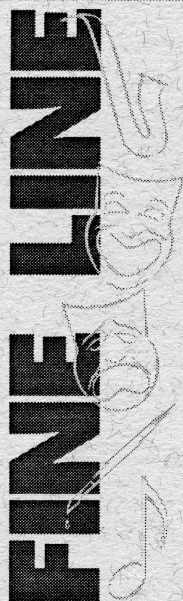
Barnes and Noble bookstore is always looking for guests to give presentations and hold programs at their store. Activities include lectures, readings, discussions, and performances. This is a great way for the college to share its abundance of knowledge, expertise and talent with the community.

Programs are announced in *Barnes and Nobles Events*, the bookstore's own monthly newsletter. Topic suggestions:

- Computers
- Parenting
- Current Affairs
- Musical/Dramatic Performance
- Foreign Language
- Cultural Programs
- Storytelling
- Natural Science for Kids

For more information call Susan Farley, Recruitment & Retention Center, at ext 5110.

*Continued on page 5*



## Spring 1995 Noon Recital Series

*Location:* John Anthony Theatre

*Day & Time:* Wednesdays at noon

*March 8	Jazz Combos
March 22	Student Recital
March 29	Faculty Showcase: April Fools Recital
April 5	Guest Recital: Robert Guthrie, Guitar
April 12	Student Recital
April 19	Percussion and New Music Ensembles
April 26	Scholarship Recipient Recital
May 3	Student Recital

*\*These recitals will be B-180 or B-187*

## Trustees Meeting Date Changed

The CCCC board of trustees will meet at 7 p.m. on **Tuesday, March 21** at the CPC boardroom.

## Correction to the 94-95 Master Calendar

The 94-95 graduation ceremonies for CCCC have been changed to Wednesday, May 17 instead of May 18 as previously published in the Master Calendar. Ceremonies are at 7 p.m. at the Plano Centre.



## Birthdays: March 20-April 5

Susan Sourjah (20)  
 Patrick Williams (21)  
 Daniel Oney (23)  
 Barbara Money (24)  
 Glenn Adams (25)  
 Joan Jenkins (25)  
 Jean Boliver (26)  
 Shirley McBride (26)  
 Sandra Snyder (27)  
 Alicia Tibbals (27)  
 Juanita Austin (28)  
 Robert Benavides (28)  
 Julie Bradley (28)  
 Amina El-Ashmawy (28)  
 Lyn Pesta (28)  
 Todd Fields (29)  
 Paul Galantay (29)  
 Hazel Phillips (30)  
 Wilton Lasseigne (31)  
 Mary Jane Tobaben (31)  
 Anita Cothran (4-1)  
 Susan Paulson (4-1)  
 Bobby Broyles (4-3)  
 Michael Broyles (4-3)  
 Meg Tarafdar (4-3)  
 Vickie Coughlin (4-5)  
 Washington James (4-5)  
 Cathy Jean Reagan (4-5)





# CELEBRATION OF CULTURES!

Celebration of Cultures Week will be April 17-22, 1995

## Traditional Costumes

Do you have a traditional costume that you would like to wear during the Parade of Nations Wednesday, April 19? Call Meg Tarafdar at ext. 5912 if you would like to participate.

## Adopt-A-Flag

Thanks to all who have adopted flags. Our new adoptees are:

Helen Dupont, Italy; CPC

Keli Fink, Russia; CPC

Hazel Phillips, Trinidad & Tobago; CPC

Charlotte La Forge, Argentina; SCC

Karen Segneri, France; SCC

## Open Call

CCCC will host an international art show on April 20. Artists whose work reflects their culture or is a traditional craft of that culture are invited to submit slides and resumes. For more information, call Deborah Anglin at ext. 5785.

## Cultural Exhibits

Plan an exhibit with your friends or display your artifacts during the month of April in the LRC. Contact Stephanie Hanson at ext. 5957 or Sandra Marton at ext. 5931.

## Dolls! Dolls! Dolls!

Do you have an international doll that you would be willing to display in the LRC? Call Stephanie at ext. 5957 or Sandy at ext. 5931.

## International Festival

Come enjoy the dancers, singers and musicians at the international festival on Wednesday, April 19 from 9 a.m. -8 p.m. at SCC. Browse the cultural booths featuring more than 15 countries.

Enjoy the **Parade of Nations**: a show of native costumes from around the

world on Wednesday, April 19 at 10 a.m. and 12:30 p.m.

## CCCC Middle School Cultural Competition

Come watch area middle school students show off their geography and history knowledge at 9:30 Wednesday in the John Anthony Theatre.

## T-Shirts

Be sure and purchase your t-shirt in time to wear it on April 19! Call Peggy at ext. 5703.

## Geography quiz

The quiz country from the Feb. 6 edition was Niger. Congratulations to Joe Knopp and Mike Cohick. The quiz country from the Feb. 20 edition was the Ivory Coast. Congratulations Dennis Holland and Janet Stice.

Can you guess this country? In pre-Spanish times it was a powerful and populous state. It was visited by Magellan's ships in 1521. Oil was discovered in 1929, and now it's chief export is oil. Call ext. 5961 to name this country (#305).



Can you guess this country? This republic is of irregular shape with a number of wide bays and prominent capes, but no rivers or lakes of any size. The chief products include cereals, grapes, cotton, citrus, fruits, and tobacco. In early times it was famous for its copper. Call ext. 5961 to name this country (#306).



## CWE OFFERS 1-HOUR CREDIT FOR COMMUNITY SERVICE

There is considerable emphasis across the nation on community service and how to instill service as a value in today's society. Cooperative Work Experience has a community service component in its SUCCESS program. Students who wish to obtain work experience in a non-profit setting can receive Co-op credit for community service. In addition, since most nonprofit agencies can not provide wages, a stipend is given thanks to the generosity of corporate gifts. Students must complete all requirements for the course which includes 320 work hours.

Recently, a new course (2189) was approved to offer one (1) credit hour for a community service position, and only 107 work hours are required. This is a special effort to help students who would like to volunteer but can't afford to give 10 hours a week. This classification may only be used in academic internships that are unpaid. All other Co-op components must be completed for this course, i.e. 16 seminar hours, setting five, measurable goals, and a reflection paper at the end of term.

CWE will assist in locating a position, or students may obtain their own work sites and bring them to Co-op. Faculty and staff are encouraged to let students know about this community service opportunity. For more information, contact CWE at ext. 5735 or ext. 6730.



# **O P P O R T U N I T I E S**

## **Staff Development**

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### **How to Get More Organized**

March 15 (Dallas)

Fee: \$139

Learn to work smarter, not harder, build routine out of chaos, get others organized, and develop a new mindset.

### **Management Effectiveness Seminar**

March 28 or 29 (Dallas)

March 27 (Denton)

Fee: \$99

How to increase your confidence, earn more respect and see better results. Learn how to inspire, reward and correct poor performance; handle employee conflicts, adjust your leadership style and turn difficult workers into allies.

### **From Manager to Leader**

March 20, 21 (Dallas)

Fee: \$395 for 2 days

Become a leader without losing your effectiveness. Strengthen your influence, unleash talent and creativity, and enhance your problem-solving skills.

### **The Essentials of Credibility, Composure and Confidence**

March 23, or 24, or April 24 (Dallas)

Fee: \$69

A one-day seminar for working women on how to project competence and professionalism, keep your perspective under pressure, and maintain your sense of self-worth and self-assurance.

### **International Conference on Distance Education**

July 9-13 (Moscow, Russia)

Fee: \$600

Designed for colleges, universities,

government agencies, and corporations interested in exploring the prospects for distance learning internationally.

### **Hawaii Great Teachers Seminar**

July 23-28

Fee: \$625 includes lodging and meals

Kilauea Military Camp, Volcano, Hawaii

A week of discussion on the innovations and problems of instruction in the community colleges.

### **National Conference on Teaching and Learning**

April 5-8 (Jacksonville, Fla.)

Fee: \$295

College and university faculty present innovations in higher education learning. Rosemary Karr and Marilyn Moss will be presenting.

### **How to Manage Conflict and Maintain Emotional Control**

March 28 and April 13 (Dallas)

April 12 (Denton)

Fee: \$79

Learn to confront any situation with cool-headed confidence and poise. Learn to handle any situation without giving in or stepping on others.

### **Teaching for a Change**

June 18-20 (Vail, Colorado)

Fee: \$345

A conference to move beyond the buzzwords to definitive strategies for embedding organizational learning into the cultures of colleges.

### **Improving Teaching and Learning Through Reflective Practice: a Working Conference for College Faculty**

July 30 - Aug. 2 (Vancouver)

Fee: \$450

Strategies for the development and discussion of cases and narratives; the

practice of classroom assessment; and creation of learning portfolios. Limited to 150 participants and sponsored by American Association for Higher Education.

### **NISOD**

May 21-24 (Austin, TX)

Fee: \$315.

Conference on Teaching Excellence sponsored by the University of Texas and League for Innovation in the Community College.

### **Campus Compact National Conference**

May 31 - June 2 (Arizona)

National conference on volunteer activities and programs for community college students and faculty.

## **Calls for Proposal**

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### **Commission on Colleges & Program Planning Committee**

December 1995 (Atlanta, Georgia)

*Deadline for proposal: March 15*

Theme: Countdown to the 21st Century-Celebration

Proposals should cover areas of current interest in higher education such as methods and issues involving new technologies, maintaining effective off-campus programs, innovative programs or methods of delivering programs or services, approaches to evaluation of faculty and administrators, approaches to developing faculty reward and promotion systems, and topics of interest for persons in learning resources, student services, and development.

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*For more information on the above opportunities, please contact Martha Ellis at ext. 6606.*

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## Austin College Offers Scholarship for CCCC Student

Austin College has established eight full-tuition scholarships for community college transfer students and one will be awarded to a student who transfers to the Sherman college from Collin County Community College.

The merit-based scholarship, worth about \$24,000, will go to a student who has:

Completed two years at the community college level

Achieved a cumulative grade point average of 3.5 or higher

Completed work balanced in the liberal arts disciplines

Demonstrated leadership qualities and shown potential for success.

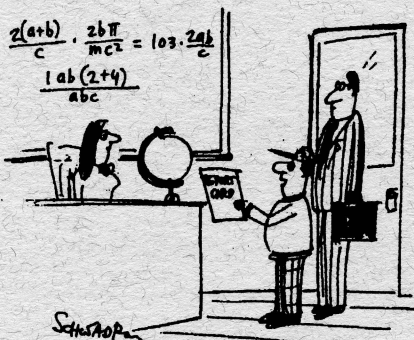
**Application Deadline:** March 17

Contact the Admission's Office of Austin College at (800) 442-5363 or the CCCC Financial Aid Office at ext. 6760 or ext. 5760 for more information.

### Mark Your Calendars

It's the college's 10th anniversary and we're throwing a party for faculty and staff on Thursday, April 6.

The festivities begin at 3:00 p.m. in the John Anthony Theatre and conclude with an old-fashioned birthday party featuring cake and ice cream. Look for more information on Founder's Day in campus mail.



"My attorney, Mr. Faupel, would like to discuss my algebra grade with you."

## CCCC Offers New York Theatre Trip

Students can take in Broadway plays and meet working theatre professionals as part of the 1995 New York Theatre Field Studies Program, offered this summer by Collin County Community College.

The program includes 10 days (July 14-23) in New York City and nearly a dozen Broadway and off-Broadway plays and musicals. Students will meet with actors, directors, designers and company managers. Last year, students making the trip met Oscar-winning actors Kelly McGillis and F. Murray Abraham and many others.

Students also will visit the campuses of New York University, the Juilliard School and the American Academy of Dramatic Arts while earning three credit hours for the experience.

Cost of the field study program is \$1,015, payable in three installments, plus food and incidentals. Class members stay at the Milford Plaza hotel on Broadway.

Those interested must enroll in the program (DRAM 2371.1S1) by Friday, May 19. For more information, contact Quad C Theatre Director Brad Baker at ext. 5679.

## Staff/Faculty News

(continued from page 2)

### Roessler Honored

P. Dee Roessler, law professor, has been selected for the 19th edition of *Who's Who of American Women* and for the eighth edition of *Who's Who of American Law*.

### Testing Center Closed for Spring Break

Spring Break is almost here! Just a reminder that as usual the Testing Center will be closed for testing during Spring Break.

Please note that the Testing Center personnel will be working from 8 a.m. - 5 p.m. Monday through Thursday (CCCC is closed Friday and Saturday) but no assessments or academic tests will be provided.

### McRae Publishes Article

Mary S. McRae, Dean of Students, published *An Internet Primer for Community College Administrators* with Kenneth Brumbaugh, her former professor from the University of North Texas, in the *Community College Journal of Research and Practice* (Volume 19, Number 1, 1995).

### Anthony Presents in Canada

CCCC President Dr. John Anthony was a presenter at a recent symposium "Models of Financing: Options for Our Future." The symposium, held at the Chateau Laurier in Ottawa, Canada, was sponsored by the Association of Canadian Community Colleges.

### Congratulations

Congratulations to Brittany Le on the birth of her son.



## Wellness News



An employee-moderated group, Wellness Partners, offers support, encouragement and strategies for understanding weight-control. This program is unique because it is employee-driven. Additional activities will be guest speakers, recipe sharing, strapping and more.

If you are interested in a program that is nonjudgmental and designed to increase body awareness, then call Beverly Tremain at ext. 5777, Helen Dupont (SCC employee leader) at ext. 5662, or Jean Lafollette (CPC employee leader) at ext. 6660. Meetings are bimonthly. Call today!

Check out free open aerobic classes, Monday and Wednesdays from 4-5 p.m. in the dance studio at SCC and CPC. The instructors are Anne Hensarling and Karla Payne. Low to medium impact aerobics, step classes, warm-up, cool down, stretching, toning.

### Stress Mapping Workshop

*Registration Deadline:* March 16

*Dates:* March 20, 27 / April 3, 10 17

*Restrictions:* Employees only

*Day:* Monday

*Time:* Noon - 1:15 p.m.

*Location:* SCC

*Fee:* \$8

*Instructor/Speaker:* Beverly Tremain or Linda Qualia

### Blood Profiles

*Registration Deadline:* March 22

*Date:* March 24

*Open to community, employees & students*

*Day:* Friday

*Time:* 7:30 a.m.

*Location:* B205/CPC

*Fee:* varies

*Instructor/Speaker:* The Wellness Way; Don Hastings, Medical Technologist

*Important:* Must fast 12 hours prior to test

*Event Description:* Lipid profiles and other tests

## Wellness Week

*Date:* March 27- 31

*Community, employees & students*

*Day:* Monday- Friday

*Location:* SCC/CPC

### Community CPR

*Registration Deadline:* Friday prior to class

*Date:* April 4

*Open to community & students*

*Day:* Tuesday

*Time:* 6:30 - 9:30 p.m.

*Location:* A217/SCC

*Fee:* \$20

*Instructor/Speaker:* Barbara Myers

*Event Description:* Course "B" - adult, child, and infant cardiopulmonary resuscitation and obstructed airway. A training card is given at the end of the course.

### Employee CPR

*Registration Deadline:* April 10

*Date:* April 12

*Restrictions:* employees only

*Day:* Wednesday

*Time:* 1-4:00 p.m.

*Location:* A217/SCC

*Fee:* free

*Instructor/Speaker:* Beverly Tremain

*Event Description:* Course "B" - adult, child, and infant cardiopulmonary resuscitation and obstructed airway. A training card is given at the end of the course.

### Helping Smokers Get Ready to Quit

*Registration Deadline:* April 19

*Date:* April 21, 28/ May 5, 12

*Restrictions:* employees only

*Day:* Friday

*Time:* noon-1:15 p.m.

*Location:* SCC

*Fee:* \$5

*Instructor/Speaker:* Beverly Tremain

*Event Description:* Helping Smokers Get Ready to Quit provides a detailed overview of self-help approaches that can be used to empower rather than embarrass the smoker. This approach places the responsibility for smoking and quitting where it belongs - with the individual smoker. This

approach does not use guilt or intimidation, but encourages each smoker to put together his or her own individual plan for smoking control. The smoker is not expected to quit smoking during the class.

### Walking for Wellness

*Registration Deadline:* April 24

*Date:* April 26

*Restrictions:* employees only

*Day:* Wednesday

*Time:* 4:30 p.m.

*Location:* A217/SCC

*Fee:* free

*Instructor/Speaker:* Beverly Tremain

*Important:* wear comfy shoes

*Event Description:* Walking provides payoffs at any pace! In this presentation you will learn how to turn your "stroll" into a walking activity that can burn as many calories per hour as a jog, while toning hips, buttocks, thighs, abdomen, upper arms and back.

### Walkyourbunsoph Monthly Winners

Sandra Marton walked 24 miles, the most miles in December 1994.

Stephanie Hanson walked 32 miles, the most miles in January 1995.

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For more information contact  
Beverly Tremain at ext. 5777.

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## Have a Safe Spring Break!