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Caleidoscope

Collin County Community College Employee Newsletter

Oct. 10, 1994

No. 296

HELP Is Here!

Counseling Services is sponsoring a variety of programs and workshops throughout the semester. Please provide opportunities for your students to attend or bring your entire class. Following is a brief schedule:

Maximize Your Potential

Wednesdays, 11 a.m. at CPC and Thursdays, 7 p.m. SCC

Women & Anger	Oct. 26, 27
Courageous Communication	Nov. 2, 3
Stress Management	Nov. 9, 10
Boundaries in Relationships	Nov. 16, 17

Matters for Living

Adolescence: Parent Survival Skills	Oct. 12, 6:30 p.m.	SCC
Men and Women: What You Never Knew	Oct. 19, 7 p.m.	SCC
He Said...She Said: Communicating Across the Gender Barrier	Nov. 3, 6:30 p.m.	SCC
Communicating in Style	Nov. 16, 11 a.m.	CPC
	6:30 p.m.	SCC

Call The Counseling Center at ext. 5779 or ext. 6770 for information.

Caleidoscope is published every two weeks.

Submissions of more than two paragraphs are preferred by diskette in WordPerfect.

Send submissions to Lisa Tanner, F102/SCC, ext. 5615.

Submission Deadline

Monday, Oct. 17, by 5 p.m.

Next issue—Oct. 24

Fax number—881-5971.

Contents

Local Government Records Act	2
PRC Update	2
Safety and Security	2
High School Graduates Grow	2
Celebration of Cultures	3
Thanks	3
Fine Line	3
Sign Up for the Stride	3
Staff and Faculty News	4
Birthdays	4
DBU Reps	4
Opportunities	5
Staff Development	
Judge Essays	
Wellness News	6
<i>Caleidoscope</i> Show	6

Team/Volunteer Day

In preparation for CCCC's T/V Day (4th Volunteer and 7th Team) we are asking everyone to clean out their closets and toy boxes. An organization we are helping is Volunteers for Communities In Schools in association with three elementary schools in McKinney. They need the following:

Clothes

(All Sizes, Infant through Adult)

Clothes Hangers

Toys

(Working and in Good Condition)

Childrens' Books

(Grades 1-5)

Please bring your donations to the campus of your choice:

Monica Perkins or Cherie Hill/Human Resources, CPC/B304

Rhona Walker/Student Development, SCC/G103

Anita Wormald/Continuing Education, CYC/A340

If you have any questions please call Mary Wright at ext. 6605.

The 1994 3rd annual Chili Cook-off is Coming Up

Friday, Nov. 18 at CPC

11:30 a.m.-2 p.m.

Call Mary Wright for more information, at ext. 6605.

What Is "The Local Government Records Act"?

(This is the second in a series of articles on the college's records management program.)

The Local Government Records Act defines a record as "any document, paper, letter, book, map, photograph, sound or video recording, microfilm, magnetic tape, electronic medium, or other information recording medium, regardless of physical form or characteristic, created or received by a local government or any of its officers or employees in the transaction of public business."

The law was designed to preserve historically significant documents and to create more economical record keeping systems. Many local governments had no controls over records, and were experiencing grave consequences. In the case of a lawsuit, the inability to produce documents during the discovery process and the inability to explain the authority under which the documents were destroyed could prejudice the case against the local government, and judges would sometimes enter default judgments against defendants because of poor records management practices.

But keeping records forever is also poor records management and wastes tax dollars. Duplicate copies choke filing space in offices, and important information is filed haphazardly among worthless junk in poor conditions in irretrievable locations. Time and money are wasted searching through file cabinets and boxes stuffed with obsolete papers to respond to open records requests, for lawsuit discovery and to answer routine information inquiries. The Local Government Records Act was enacted to correct these situations.

Any questions? Call Betty Connatser at ext. 6613.

Safety & Security

Question: How should I react if I feel my personal safety is being threatened?

Answer: *Never wait for a potentially dangerous situation to occur, follow your instincts. If you feel you're in danger, whether driving or on foot, it's probably time to react.*

Your personal safety is the first priority in a time of emergency. Do anything you can to draw attention. Keep a police whistle on your key chain and blow it repeatedly if you feel threatened. Blink your headlights. Just honking your car's horn is one of the loudest and fastest ways to scare someone off or let others know you need help.

One final note: If you feel uneasy returning to your car, request that campus security accompany you, or have a friend keep a watchful eye on you.

For more information call, Ron Spears, chairman of the Health, Safety and Security Task Force at ext. 6861.

High School Graduates Grow

The number of high school graduates will rise significantly in 1995, after several years in which there was little change.

According to the U.S. Department of Education's annual back-to-school projections, the number of graduates will reach 2.6 million, 5 percent more than last year's total.

That will be the leading edge of steady increases throughout the 1990's. Since the number of graduates dipped in the 1980's, however, it will not be until after 2000 that the totals equal the 1977 high of 3.2 million graduates.

Nonetheless, more students are entering college than ever before. The Education Department notes that a record 14.7 million people are beginning study at two-year and four-year institutions.

Spending on higher education is up 5 percent this fall. Officials, however, note that it really hasn't changed much in the 1990's, once inflation is considered.

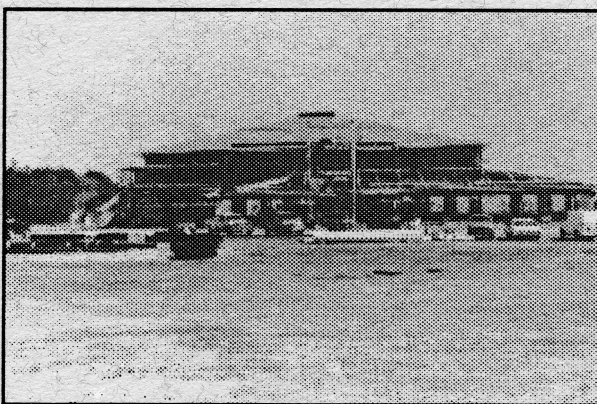
Source: *The Chronicle of Higher Education*, 9/7/94



New PRC Phone Number!

After the last *Caleidoscope* was published, a new phone number was issued to Preston Ridge Campus. Here it is:

Metro (214) 335-8982



Even though this photo looks very similar to the one in the last issue, the roof is almost finished and the structure towards the front of the building is well underway.

CELEBRATION OF CULTURES!

Celebration of Cultures Week will be April 17-22, 1995

Geography Quiz

Congratulations to Joe Knop and Mike Cohick ...

... for correctly submitting the answer of Moldavia to the last Geography Quiz. Call ext. 5961 if you can name the country to the right.

This country boasts the world's second longest barrier reef yet is only 68 miles wide and well over half of its population could fit into the University of Michigan's football stadium!



Don't forget "Bingo Night" 6:30 p.m. Oct. 15, SCC

Thanks!!

Thanks to the following for volunteering their time and energy to help at CCCC's booth during the Plano Balloon Festival:

Toni Allen • Deborah Anglin • Peggy Breedlove • Denise Brown
Wendy Burton • Rebecca Crowell • Sandra Demler • Maria Duckham
Laura Foster-Eason • Lydia Gober • Fronzina Goussak • Judy Guyer • Carol Harris
Vicki Harris • John Joshua • Jill Klancnik • Christel McCaskill • Jeff Mackinnon
Virginia McLean • Tricia Nagorski • Jerry Perkus • Hazel Phillips • Karen Rose
Linda Shoup • Elaine Stewart • Lisa Tanner • Meg Tarafdar • Kerry Tate
Tamara Turner • Walt Nilsen

The weather was great and the turnout couldn't have been better. We visited with 700 people, but it seemed more like 1,000's!

Thanks again, Thomas Sterns, Chairman of the Marketing Task Force

Execution of Justice (Oct. 13-23)

Opens Thursday
Oct. 13

The production incorporates a complicated set design that will be a sight to see!



SIGN UP FOR THE STRIDE

Volunteers—and runners—are needed for the annual Stride for Excellence 10K Challenge and 2 Mile Fun Run, held Saturday, Oct. 22 at Towne Lake Park in McKinney.

The event benefits the McKinney Youth Scholarship Fund and CCCC Foundation/Excellence programs. The CCCC Foundation, Inc. and the McKinney Parks and Recreation Department are again joining to host the event.

Volunteers are needed to help with runner check-in, which will be held 7-8:30 a.m. at McKinney High School. The race begins at 9 a.m. Other volunteers will staff aid stations, time finishers and help in other capacities.

The Foundation will host an orientation dinner for volunteers at 6:30 p.m. Wednesday, Oct. 19. But those who can't attend the orientation are also urged to call and volunteer. In addition to receiving a free T-shirt, volunteers will also have their names entered in a drawing for special prizes.

Last year, about 250 ran in the event. With a live radio remote, organizers anticipate an even bigger field this year.

So mark your calendar for Oct. 22 and call ext. 6611 or 5611 to volunteer!

STRIDE

FOR

EXCELLENCE

Staff and Faculty News

Notes From Nursing

Congratulations to **Barbara Devitt**, MSN, RN, professor of nursing. She was appointed to be the new vice president for the Texas Nurses Association—District 4. Barbara has been a member of the Nurses Association board of directors for the last two years, and was elected “Member of the Year” for 1993.

Jackie Brown, MSN, RN, professor of nursing, was selected as an *item reviewer* for the National Council for Licensure Examination (NCLEX). NCLEX is the licensing examination that all nursing graduates must take to be licensed to practice as a registered nurse in the state of Texas. Jackie represented the state of Texas as a participant of a five-member panel, each representing a different geographic location of the country. The review was held at the Educational Testing Center in Princeton, NJ.

Donna Sauls, MS, MA, RN, professor of nursing, was invited, along with 80 other educators, to attend the United States Navy’s Educational Orientation at the Naval Station located in San Diego. Educators from North Texas, Oklahoma and Kansas participated in the visits. The educational visits are designed to increase educators knowledge concerning Naval educational opportunities for students. The visits are also designed to assist educators in networking and sharing success stories concerning teaching. She has been a community member of the Recruiting District Assistance Council of Dallas for the past few years.

Jane Allen, MS, RN, professor of nursing, was elected to serve a two-year term as president for the Beta Beta Chapter of Sigma Theta Tau.

Sigma Theta Tau is the national honor society for nursing. Their goal is to promote nursing research and leadership. Jane has been an active member of this group for 10 years.

Jane Allen also has been appointed to be co-chair of the Public Affairs Committee for the North Texas Chapter of the March of Dimes. This committee will be active in lobbying government for the rights of mothers and babies. Jane also is a volunteer speaker for the March of Dimes “Babies and You” program.

This summer she presented a talk “Low Birth Weight Babies! What Can We Do?” to the Coalition on Responsible Parenthood and Adolescent Sexuality of the Greater Dallas Area.

Lyn Pesta, MS, RN, professor of nursing, was recently appointed to be archivist and newsletter editor for Beta Beta Chapter—Sigma Theta Tau. She also serves as the secretary for the Practice Committee, Texas Nursing Association—District 4.

P.R. Department Going Gangbusters

Bronze Award for Writing

Doug Wintermute was awarded a bronze medallion of merit from the National Council for Marketing and Public Relations (NCMPR)—District 4. He won based on an entry in the *feature/general news article* category titled “Senior College.” Competitors included entries from fellow community college public relations professionals.

Tanner Receives Award

Lisa Tanner was chosen to receive a \$250 grant that helped pay for her trip to the District 4 conference of NCMPR in Hot Springs, Ark. The professional development award cites exemplary work in public relations and marketing.

Birthdays: Oct. 16–25

Rhonda Parsley (16th)
Ike Tennison (16th)
Jeff Edwards (18th)
Jack Gray (18th)
Marilyn Moss (18th)
Margie Lasek (20th)
Earl Perry (21st)
Tommy McKinzey (22nd)
Judy Sanchez (22nd)
Bill Adler (23rd)
Michele Boverie (23rd)
Gina Hight (23rd)
Marilyn Mask (24th)
Maxine Phillips (25th)
Robert Sherard (25th)



Representatives from DBU on Campus

Brad Kissell and Sarah Reams, representatives from Dallas Baptist University, will visit with CCCC students:

Central Park Campus

Thursday, Nov. 17

The Commons (in front of Pike Lecture Hall)

9 a.m. to noon

Spring Creek Campus

Wednesday, Nov. 16

Atrium

9 a.m. to 1 p.m.

O P P O R T U N I T I E S

Staff Development

A Faculty Perspective on Grant Writing

Oct. 20, 2-4 p.m. (Brookhaven College)

Fee: No cost

Learn how to develop grant, identify funding sources, and network with other grant writing faculty members.

How to Handle Difficult People

Oct. 21 (Denton, Holiday Inn)

Nov. 11 (Dallas, Fairmont Hotel)

Fee: \$69

How to understand and deal with the problem people in your life.

Mediation in the Workplace

Nov. 1-2, (Harvey Hotel, Addison)

Fee: \$175

Two-day workshop will introduce the concepts of Alternative Dispute Resolutions and Interest-Based Bargaining Approaches. Exercises and role play will help you develop conflict resolution skills.

Skills for Women

Nov. 2 (Dallas, UA Northpark)

Nov. 3 (Denton, Holiday Inn)

Fee: \$69

Discover how to stop sabotaging yourself, learn negotiation skills, listening, professional image, maintain emotional control and more.

Enriching the Community College Learning Experience

Nov. 3-5, (University of Michigan)

Fee: \$300

Designed exclusively for community college teaching professionals. Examine current professional, curricular, and pedagogical issues through presentations, active discussion, and workshops.

Making Connections

Nov. 13-16 (Houston)

Information technology featuring technological applications in use in community colleges today. Sponsored by League for Innovation.

Calls for Proposal

AACC National Conference

April 22-25, '95, Minneapolis, MN

Deadline for proposal: Oct. 14

New thinking for a new century. Innovative, cutting-edge ideas or exemplary programs.

Lilly Conference on College Teaching

March 2-5, '95, Lake Arrowhead, CA

Fee: \$548 (includes meals, hotel, registration)

Deadline for proposal: Oct. 28

Papers, workshops, and panels relating to enhancing the quality of college teaching. Formats are to be designed to encourage dialog.

6th National Conference College Teaching and Learning Teaching, Learning, and Technology

April 5-8, '95, Jacksonville, FL

Deadline for proposal: Nov. 23

Successful practices and research using innovative learning strategies and/or technology in support of higher education instruction.

For more information on the above opportunities or calls for proposal, please contact Martha Ellis at ext. 6606.

"Teamwork"

It is better
to have one person
working with you
than having three people
working for you.

—Dwight D. Eisenhower, U.S. President

Judge Home-Winning Essays

If you have a Bachelor of Arts degree in English (or related field) and experience in essay grading, you can judge an essay contest entitled "Why I Want to Buy This House." On Oct. 22, 29, and Nov. 12, judges can earn between \$15-20 per hour for 8-hour grading sessions. Applications are available through Oct. 11. Call Hazel Phillips at ext. 6899 for more information.

Wellness News

Open Aerobics



The hours for open aerobics, held in the dance studio at each campus, are 4-5 p.m. Monday and Wednesday. Classes are free and no advance registration is required.

Please check in and out the fitness center desk for the classes, which include warm-up, low-impact aerobics, floor-work, warm-down. Classes are taught by Anne Hensarling and Karla Payne.

StressMapping Workshop

The workshop for CCCC employees will be offered at both campuses. At SCC, the meeting is noon-1:15 p.m. on Oct. 5, 12 and 19, and Nov. 2 in F108D. On Oct. 26 and Nov. 9, the class will meet in G218. Registration deadline is Oct. 4.

At CPC, the class will meet from 3-4:15 p.m. Oct. 6, 13, 20 and 27, and Nov. 3 and 10 in A117. Registration deadline is Oct. 5.

Workshop cost is \$8.

Participants will receive "Stress-Mapping: Personal Diary Edition" to help them learn how to improve mental and physical health. Instructors are Beverly Tremain and Linda Qualia.

Those who attend at least five sessions will receive a free Wellness T-shirt.

Wellness Tennis Lessons

Classes are offered at 5 p.m. Wednesdays, Oct. 5, 12, 19, 26 and Nov. 2 at the SCC tennis courts. CCCC Tennis Coach Marty Berryman will teach the free classes, which include instruction on rules, strategy and special shots. Equipment is provided—or bring your own.

Wellness Partners

The group next meets at 12:15 p.m. Oct. 19 in A117/CPC and at noon Oct. 27 in SCC/B111. The group helps participants control their weight by offering support and strategies for understanding weight-control. For information, call Beverly Tremain at ext. 5777, Helen Dupont at ext. 5662 or Jean LaFollett at ext. 6660.

Walking for Wellness

Registration Deadline: Oct. 17

Date of Event: Oct. 18

Day: Tuesday

Time: 4:30 p.m.

Location: A215/SCC

Fee: Free

Instructor/Speaker: Beverly Tremain

Important Information: Wear

comfortable clothing and walking shoes.

Event Description: Walking provides payoffs at any pace! According to recent research from the Institute of Aerobics Research, walking at any speed dramatically reduces your risk for heart disease, protects your bones, and burns calories. But if you are looking for a faster way to burn calories and reshape your body, you need to learn how to turn your "stroll" into a "stride."

In this presentation you will learn how to turn your "stroll" into a walking activity that can burn as many calories per hour as a jog while toning hips, buttocks, thighs, abdomen, upper arms and back.

Community CPR

Registration Deadline: Oct. 21

Date: Oct. 25

Restrictions: None

Day: Tuesday

Time: 6:30-9:30 p.m.

Location: A217/SCC

Fee: \$20

Instructor/Speaker: Barbara Myers

Event Description: Participants will be trained in adult, child and infant CPR and obstructed airway (Course B). Emphasis will be placed on terminology, concepts and practical skills. A card completion will be given to each participant.

Employee CPR

Registration Deadline: Oct. 25

Date: Oct. 26

Restrictions: Employees only

Day: Wednesday

Time: noon-5 p.m.

Location: Boardroom (A117)/CPC

Fee: Free

Instructor/Speaker: Beverly Tremain

Event Description: See above.

Caleidoscope Show

Tune in and watch Shelley Lane host a program on "Project FULLSTREAM," and its success stories. Her guests are Tricia Nagorski, Michael Svoboda and Jill Edwards. Mary McRae will host a "Fine Arts Overview" featuring Mike Crawford and Brad Baker.

The shows air at 8:30 p.m. Wed., 9:30 p.m. Thurs. on Plano Telecable channel 35A.