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## Caleidoscope 4/6/1992

Marisela Cadena-Smith

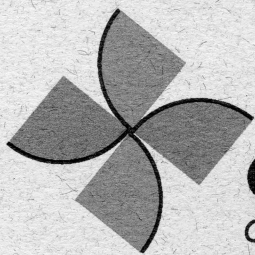
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# CALEIDOSCOPE

CCCC Employee Newsletter

April 6, 1992

No. 234

## People and Places



Whew! What a week last week, huh? The college was abuzz with all the activity for the Celebration of Excellence, and hopefully we met our goal for \$15,000 in proceeds to go toward student scholarships in fine arts.

The last Celebration of Excellence event is at

8 p.m. tonight (Monday) to celebrate CCCC's Founders' Day. Concert pianist Mary Mosher Humm will perform in the John Anthony Theatre. Donations will be accepted at the door to benefit CCCC's fine arts programs.

I'd like to thank Plano resident Jamie Smith, a freelance artist originally from Lubbock, for making the caricature for us to use in *Caleidoscope*. We decided it would be a fun way to personalize the column. It's what I call a 'gentle likeness of myself.'

She designed the caricature from a photo. She is available for parties, meetings and other special occasions and can be reached at 424-2978.

OK, now for this week's news. Faculty and staff still can sign up to serve on a SACS committee. See **Billie Cunningham** if you are interested. Those who did sign up to serve on a committee will be receiving notification soon of their appointments.

**Dancers Express**, CCCC's performing dance troupe, would like to thank all those at the college who supported the group's trip to the American College Dance Festival in Louisiana on March 11-16. Dance coordinator **Jill Whitson** said the trip was a success.

The Human Resources offices and mail rooms on both campuses have 90-day membership cards for CCCC faculty and staff for Sam's Wholesale Club warehouse stores.

Thank-yous from the staff of the Admissions Office go out to all the faculty and staff who helped with the campus tours this year. A special thanks goes to **Craig Erickson**, technical director

of the John Anthony Theatre, who helped during all the tours. The program gave 1,147 middle school students in Collin County a chance to view SCC. Schools visited from several cities including Plano, Royce City, Celina, Frisco, Wylie, Melissa and Anna.

History Professor **Matt Coulter** spoke Monday, March 16 at Oklahoma State University in Stillwater, Okla., on the atmosphere of community colleges in a higher education class called "The Community College."

As many of you already have heard, CCCC is losing one of its finest. Enterprise Dean **Joyce Helens** will leave CCCC in July to accept a presidency post at Peninsula College in Port Angeles, Wash. The two-year school was established in 1961 and has an enrollment of nearly 3,100 students.

Other staff changes include **Mary Jane Holloway**, who is now the physical plant secretary for **Wayne Rush** at CPC. **Dede Day**, a program assistant for the Cooperative Work Experience division in the Texas Resource Center, now is with the college's Global Edge Consortium as part of a recently received Tech Prep grant. **Nora Leone**, a CCCC student, replaced Dede in the CWE division.

SCC plant operators **John Scott** and **Sid Kile** have celebrated their one-year anniversaries on Dec. 3 and March 25 respectively, and operator **Tom Marvin** will celebrate his one-year anniversary on April 29. Chief Operator **Rita Parker** said, "The plant operations department at SCC is very proud of these three men, and we look forward to the first anniversaries of the remaining two operators."

Happy Birthdays go to: **George Yates**, April 8; **Jeffrey Beck**, April 8; **Denise Marcella Brown**, April 9; **Fritzeen Scott**, April 12; **William Ardis**, April 12; **Barbara Devitt**, April 14; **Karen Hayden**, April 16; **Kevin O'Connell**, April 16; **Craig Cheatham**, April 16; and **Dorothy Jones**, April 17.

The next *Caleidoscope* will be out Monday, April 20, and the deadline for submissions is 5 p.m. Tuesday, April 14. Come see me in SCC/K119.

In the CCCC Spirit,

*Linda Burke*  
Public Information Writer

## STAFF AND FACULTY OPPORTUNITIES

### Dr. Anthony Sets Agenda, Priorities

CCCC should be in overall satisfactory financial shape for the coming budget year, Dr. John H. Anthony told faculty and staff during an all-college meeting Friday, March 27.

While state officials are estimating a 5 percent cut in CCCC's budget for 1992-93, Anthony said, cuts in insurance costs coupled with a windfall in collected property taxes over expectations will help fund the shortfall.

Budget meetings are expected to commence in the coming weeks and administrative staff members will focus on three priorities -- increasing professional teaching staff, adding a counselor as crucial support staff and updating classroom and Learning Resources Center equipment.

"We will have to shift some money to make things work, but overall we should be in decent financial shape," Anthony said.

One of the money-savings efforts Anthony stressed includes asking Spring Creek Campus faculty and staff to help keep carpets and walls clean. Anthony said the college currently is spending \$18,000 to \$20,000 a year just to shampoo carpets and repaint walls.

Anthony also explained some early rumors that state officials want to trim CCCC's budget in 1993-94 by 10 percent, and that the Legislature is looking at new funding formulas for higher education.

While state lawmakers favor a funding formula tied specifically to graduation rates and student performances, Anthony said a task force on which he is serving has come up with an alternate funding method. That method would base 90 percent of the college's funding on the 12th class day enrollments; 5 percent on the number of degrees and certificates awarded, GPAs of transfer students, licensure pass rates, job placement, TASP pass numbers and other qualitative data; and 5 percent on the number of hours completed.

In other news, Anthony said the college is attempting to decentralize some its responsibilities and will form a committee of four representatives of the Faculty Senate, four representatives of the All College Council and four representatives of the administrative staff to make some recommendations on organizational restructuring.

Another study that could affect community colleges, Anthony said, is one recently released that says the state could save about \$550 per student per semester by sending a freshman to a

community college rather than to a four-year university.

"That means the state could save \$7 million by moving students to community colleges," Anthony said. "If you take just 10 percent of the populations at the universities and shifted them to the community colleges, that could add up to immense growth at the community college level."

Anthony also announced the Board of Trustees approved the sale of \$4.54 million in revenue bonds for the construction of a third wing at the Central Park Campus. Construction should be completed by August 1993. The new wing will house cafeteria facilities, fitness facilities, and additional classroom and office space.

### Spring Arts Recitals Scheduled

The Collin County Community College Music Department is pleased to announce its Spring Performing Arts Recital Series. All concerts are free and will take place from noon to 1 p.m. in the John Anthony Theatre at Spring Creek Campus.

Recitals are scheduled for:

- Wednesday, April 15  
Music majors in performance.
- Wednesday, April 22  
Faculty recital: guitarist Gary Pokras.
- Monday, May 4  
Music majors in performance.

For more information on the concerts, call Brian Allison at ext. 5813.

### Introductory Spanish Arrives

Spanish language classes for CCCC staffers will be offered beginning in September.

Faculty and staff will be able to sign up for the non-credit classes as part of their on-campus hours. A survey to gauge demand for the class showed the best times to meet are 3-5 p.m. on Tuesdays and Thursdays one day a week for eight weeks.

Based on these results, one class will be on Tuesdays at Spring Creek Campus, and one on Thursdays at Central Park Campus beginning Sept. 29 and ending Nov. 19.

McGraw Hill Publishers has agreed to donate all books, laboratory manuals and other published materials for up to 200 participants.

Sign-up forms will be available later this semester. For more information, call Martha Ellis at ext. 6606.

## Central Park Campus Lunches

### April 6-9

Monday	Homemade Express
Tuesday	Subway
Wednesday	Golden Fried Chicken
Thursday	D&L Catering

### April 13-16

Monday	Homemade Express
Tuesday	Subway
Wednesday	Golden Fried Chicken
Thursday	British Baker

Lunches will be served from 11 a.m. to 1 p.m. in the second floor atrium.

## Caleidoscope Show

**Title:** "Blue Tuesday"  
**Moderator:** Joe Jaynes  
**Guests:** The Band "Blue Tuesday"  
**Air Time:** Plano Telecable, channel 35  
Monday, April 6, 5 p.m.  
Tuesday, April 7, 9 p.m.

**Title:** Men's Movement  
**Moderator:** Mary Rabaut  
**Guests:** Tom Watson, Chief Operations Officer, Family Therapy Associates of Plano  
Dr. Joe Hulgus, Associate, Family Therapy Associates of Plano  
**Air Time:** Plano Telecable, channel 35  
Monday, April 13, 5 p.m.  
Tuesday, April 14, 9 p.m.

## Discount Tickets



### Fiesta Texas Theme Park

Discount tickets and brochures on San Antonio's new Fiesta Texas Theme Park are now available in the Human Resources Office on both campuses.

Nestled at the base of towering 100-foot natural cliffs, Fiesta

Texas celebrates 150 years of Texas history and culture with mild-to-wild rides, eight fully staged musical shows, a water park, food, shopping and special events.

The Fiesta Texas Celebration Club discount card will save you \$2.50 off both the \$22.95 one-day admission for adults and \$15.95 admission for children ages 4-11. The park is now open on weekends and will be open Fridays, Saturdays and Sundays May 1-24 and Sept. 11-27; daily from May 25 to Sept. 7; and weekends Oct. 3 to Nov. 8.

The park's grand opening will be May 22-25.

## Short Semester Courses Offered During MayMester

Let your students know that CCCC is offering a condensed semester of courses for two weeks during May with its first MayMester beginning Thursday, May 14.

Students may earn regular course credit in one subject. The courses available during MayMester are: biology; business administration; computer information systems; computer science; English; English as a second language; health, physical education and dance; health science; history; horticulture/landscape technology; humanities; marketing; mathematics; office administration; political science; sociology; and speech communications.

MayMester classes begin Thursday, May 14 and will meet at Spring Creek Campus. Classes will meet every day for two weeks, with final exams on Friday, May 29.

To register for MayMester classes, students must use Telephone EXpress (TEX) registration. Registration opened Wednesday, April 1 and will run through Tuesday, May 12. Tuition must be paid by 8 p.m. Wednesday, May 13.

For more information on the MayMester courses, call the Registrars' offices at ext. 5744 or ext. 6744.

## Self-taught Ph.D. to Speak

The Honors Program is sponsoring Professor Robert Allen as its "scholar-in-residence" at Spring Creek Campus April 9-10. Professor Allen was profiled in *Parade* magazine last December.

Abandoned as a child, he was raised in western Tennessee by elderly relatives who deemed formal schooling "a waste of time." Methodically collecting and borrowing books and arranging his studies in a chronological and historical order, Allen taught himself history, literature, poetry and languages.

In his 30s, having "blown the lid off" a placement exam, he decided to attempt college. He began his studies at Bethel College and recently earned his Ph.D. from Vanderbilt University.

Dr. Allen will give a public presentation at 7 p.m. Thursday, April 9 in the SCC Courtyard. The Honors Program at that time also plans to award four academic scholarships. Dr. Allen also will speak and answer questions at a luncheon for honors students at 1 p.m., Friday, April 10 in the SCC Conference Center. CCCC faculty and staff are invited to attend.

## Be Immortalized in Brick

You can become a part of Plano's history. The Cultural Arts Council of Plano is selling bricks and tiles to be placed in the new ArtCentre and ArtCentre Theatre in Plano.

Proceeds from the sale of the bricks and tiles will help pay for the renovation of the old Harrington furniture store complex into the new ArtCentre facilities. You can choose from the Theatre Lobby, Art Plaza between the ArtCentre and Theatre, and outside the ArtCentre.

Use the form below to send in your donation to become a permanent contributor to the new facilities.

### Save me a Spot!

Please Print

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_  
Phone \_\_\_\_\_

Name to be engraved  
Max. 12 characters, 2 lines

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3rd. line add \$5.00

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Bill my Am. Exp. Visa or MC. (circle one)

# \_\_\_\_\_ Exp. Date \_\_\_\_\_

### MAIL TO:

Cultural Arts Council of Plano, Inc.  
1039 E. 15TH Street  
Plano, Texas 75074  
(214) 423-7809

Checks Payable to CACOP

Amount

ArtCenter Brick	\$25.00	_____
ArtPlaza Tile	\$35.00	_____
Theatre Lobby Tile	\$35.00	_____

Additional Line	(\$5.00)	_____
Additional Contributions		_____

Total (100% TAX DEDUCTIBLE)

Name on Card (PRINT) \_\_\_\_\_

Card Signature \_\_\_\_\_

## CCCC Now Has Its Own Cable Station

The Learning Resources Center is pleased to announce that CCCC now has its own cable TV channel. The combined efforts of our own audio-visual department and Plano Telecable have allowed us to acquire this cable channel.

Let your students know the channel may be found on B34, and at the present time is available to customers of Plano Telecable who live east of Custer Road. Within the next 30 days the station will be available to customers west of Custer Road.

Customers of Richardson Telecable also may tune into B34. Airtime hours currently are the same as campus library hours. The library's goal for the cable station is to make it an opportunity for the college and community to provide and receive programming that would be beneficial to all. Meetings have been conducted with a few key divisions in the college to gather some programming ideas, and we also want to hear your ideas.

Ideas submitted so far include a calendar of events; promo tapes of upcoming campus events and speakers; taped orientation sessions; career corner; student assistant seminars; study skills seminars; promotional tapes featuring the college; Spotlight on Learning involving faculty special lectures or guest speakers; Enterprise semester schedule; sports events; instructional videos; dance performances; theatre productions; wellness program highlights; and a talk show featuring students along with faculty and staff advisement.

If you have a programming idea, please call Wendy Burton, coordinator for instructional television, at ext. 5828. Her office is in the SCC/LRC.

## Teleconferences

Title: "The Office of the Future is Here Today"

Time: Noon-2 p.m.

Date: Wednesday, April 8

Place: Bijou II

Fee: Free

Title: "Kodak: Techniques of the Masters"

Time: 10 a.m.-noon

Date: Thursday, April 9

Place: Bijou II

Fee: Free

Title: "Commercializing Technology: The Federal SBIR Program—Phase III"

Time: Noon-4 p.m.

Date: Monday, April 13

Place: SCC/F108

Fee: \$15

Title: "Apple: Tools for Language and Literacy"

Time: noon to 1 p.m.

Date: Thursday, April 16

Place: Bijou II

Fee: Free

Title: "An Afternoon of Model Perkins Projects"  
Six Perkins grant-funded projects will be presented.

Time: 1:30-4 p.m.

Date: Thursday, April 30

Place: Bijou II

Fee: Free

## Cookin' Express is Cookin'!!

All CCCC employees are invited to the inaugural "Cookin' Express" cook-out from 11 a.m. to 1 p.m. Friday, April 24, next to the tennis courts at Spring Creek Campus.

Sponsored by the Special Events Task Force, the menu includes hamburgers, chicken breasts and hot dogs. The cost is only \$3.50 for all the food you can eat. Stay around after munching and watch the CCCC Express baseball team play Brookhaven at 2 p.m.

Please RSVP by paying before Tuesday, April 21, to either Teresa Rush (SCC, ext. 5850) or Carole Boatright (CPC, ext. 6830). Volunteers are needed to cook, clean etc.

## Elvis is Coming to CCCC

CCCC is hosting an "Elvis" concert at 8 p.m. Thursday, April 16 in the John Anthony Theatre at Spring Creek Campus. Benefitting the Rape Crisis Center of Collin County, the fund raiser will feature Dave Tapley, the famous Elvis impersonator and entertainer.

Tapley has been wooing Elvis fans nationally for three years as the King of Rock 'n' Roll. He will perform with the Radio Dallas Band. Tickets are \$10 for adults and \$8 for children, students and CCCC faculty and staff. Audience seating is limited, so buy early.

Tickets can be purchased in the Student Activities offices at either campus.

## Calendar: April

April 6-10	Child Development's "Week of the Young Child"
Friday, April 17	Spring Holiday Campuses closed
April 20-24	Wellness Week

## Wellness News

### *Open Aerobics:*

M-Th 4-5 p.m. SCC/A107

### *Circuit Weight Training:*

MW, 3:30-5 p.m. CPC/B207,

TTH, 4:30-5:30 p.m. CPC/B207

## Sure-Fire Stress Busters

*From the Texas Highway Patrol Association*

**Turn on the tunes and kick back** — Some experts say that music for relaxation should be slow, quiet and instrumental. But don't despair if you get bored with Brahms or feel like punching someone after listening to drippy New Age music. Cheryl Marato, Ph.D., president of the National Association for Music Therapy, says the two most important characteristics for tranquilizing music are "familiarity and preference."

**The gym is a dandy rescue** — Regular exercise is probably the single most practical way to throw off tension. Exercising for 40 minutes can reduce stress for up to three hours afterward, whereas an equal period of rest and relaxation lowers stress for only 20 minutes.

**Give the world permission to be imperfect** — "Perfectionism is the world's greatest con game," writes Dr. David Bruns, author of *Feeling Good*. "It promises riches and delivers misery." In a study of more than 700 people, Dr. Burns discovered that perfectionists perfect only distress and dissatisfaction with their careers and personal lives. For all their striving, he found no evidence that they were more successful than their peers.

## Student News

Students on CCCC's Pistol Team fared well during a match March 29 at the University of Texas at Arlington.

CCCC student Eric Colbath won first place in standard pistol shooting, and student Nick Valcik took third in the event. Student Jason Dilks won fifth, student Greg Baer won sixth and student Stan Brown won ninth in the competition.

CCCC's Trident Pistol Team (green team), comprised of Colbath, Valcik, Dilks and Chris Haigh won first in total team scoring. CCCC's Trident Pistol Team (black team), comprised of Baer and Brown, took third in the event.

## Staff News

### Spring Dance Concert to Feature Renaissance in Jazz

CCCC dance students will perform in the dance department's annual spring dance concert, Renaissance in Jazz, set for 8 p.m. Friday and Saturday, May 1-2 in the John Anthony Theatre at Spring Creek Campus.

Dance class students, as well as Dancers Express and a new dance company, Jazz+, will be performing in the concert. Dancers Express is the college's performing dance troupe, and Jazz+ is made up of community members, CCCC faculty members and current and former students.

General admission is \$4 for adults and \$2 for students, seniors and youth.

### Upcoming College Visits

Please let your students know about upcoming visits by representatives from area four-year universities. Officials from the schools want to meet with students interested in transferring.

A representative of UT Southwestern Allied Health Science School Medical Technology Program will be on Spring Creek Campus Wednesday, April 8 from 9 a.m. to 1 p.m.

A rep from UT Dallas will be at SCC on Monday, April 13 from 9 a.m. to 1 p.m. and from 4:30 to 7:30 p.m. A representative from UT Dallas will be at Central Park Campus Wednesday, April 15 from 9 a.m. to 1 p.m. and from 4:30 to 7:30 p.m.

Officials from the University of North Texas will be at SCC Wednesday, April 15 from 9 a.m. to noon, and representatives from Southern Methodist University will be at SCC Monday, April 20 from 9 a.m. to noon.

### CCCC ID Cards Still Available

The Student Activities offices on both campuses still are taking pictures for CCCC ID cards through the end of the semester. For faculty and staff who have not yet had their pictures taken, there is still time to get an ID card made.

The ID cards will be used to gain admission to some school-sponsored events free of charge as well as by the bookstores as a means of identification.

At Central Park Campus, the Student Activities Office will take pictures between 1-3 p.m. Monday through Friday. At Spring Creek Campus, the Student Activities Office will take pictures from 9-11 a.m. Monday through Friday and from 5-7 p.m. Monday through Thursday.

## CCCC Banner Policy

The Student Activities offices regularly produces banners to publicize college and student organization programs and events. Should your department or office wish to produce and hang a banner, please reference the Banner Policy and Procedures distributed to all faculty, staff and student organizations in November 1990. Copies of the policy are available in the Student Activities offices (CPC/B251 and SCC/F129).

### Mathematics Awareness Week Coming

The math labs at CCCC will celebrate Mathematics Awareness Week from Monday, April 20 to Saturday, April 25 with several activities for students, faculty and staff.

Several activities are planned for the week and will be in the math labs on both campuses (CPC/B336 and SCC/J228).

Sessions planned are:

**Monday, April 20:** Math anxiety from 3:30-4 p.m. at SCC.

**Tuesday, April 21:** Fractals from 3:30-4 p.m. at SCC.

**Wednesday, April 22:** Math anxiety from 2-2:30 p.m. at CPC. Math and Science Club interest group from 3:30-4 p.m. at SCC. Meeting will feature the solar eclipse.

**Thursday, April 23:** Math anxiety from 2-2:30 p.m. at CPC. Handouts on the Math and Science Club and Honors Math will be available. At SCC, there will be a panel on Honors Math and History of Math from 3:30-4 p.m.

**Friday, April 24:** Reception recognizing outstanding math students from 3-4 p.m. at SCC.

A time-line showing the development of modern mathematics will be displayed in each math lab as well as honors students' math papers on famous mathematicians.

Photographs by Denise Brown, a geometric theme, will be on display in the Galleria of the SCC/LRC.

### CCTEP News

The Collin County Training & Employment Program has announced plans for the Summer Youth Training & Employment Program (Title IIB) for summer 1992. The Texas Department of Commerce has notified CCTEP that it will receive about \$252,000 to operate employment and training activities for disadvantaged

youths ages 14 to 21.

The program is based in the McKinney office in the BancTEXAS building.

Eligible participants are placed in summer jobs at not-for-profit work sites throughout Collin County. Wages are paid by the federal government. These young people also may receive remediation in basic skills. The program is designed to improve educational levels and introduce young people to the world of work.

The staff will include five youth counselors who will work with the participants and help coordinate with the employers. CCTEP's youth coordinator is Kelsey Wethor. Questions about participation may be directed to Kelsey at (214) 542-0490 or Metro 644-0090.

In other CCTEP news, "Careers with the IRS" will be the topic of a special workshop hosted by CCCC's "Career Connections" group from 1:30-3:30 p.m. Tuesday, April 28 in the SCC Conference Center.

The IRS has some excellent opportunities and programs which may be of interest to students and community residents. Rose Riley, staffing specialist for the Dallas regional office of the IRS, will make a presentation about the variety of employment options within the government department.

There are many more choices in addition to the obvious auditing, and there are special volunteer programs which can lead to employment opportunities for those with disabilities. Riley herself is legally blind and says her IRS career is fulfilling. Faculty and staff are invited to attend, and please let your students know about the workshop. For more information, call Patty Burton at ext. 5850.

## **Xerox to Give Demonstration on Reading Tutor**

Xerox will be giving a demonstration of its new Reading Tutor Tuesday, April 21 in the Spring Creek Campus Learning Resources Center.

The Reading Tutor is ideal for learning disabled students because it can scan a book and read it back to a student. The equipment has hundreds of capabilities, including reading material back in a man's, woman's or child's voice; an 800,000-word dictionary; hook-up to IBM or Apple computers; and tutorials which can audibly define, spell and pronounce words.

Xerox also is working on networking possibilities that will allow several computers to work from the same book and allow the book to be saved on disk and retrieved on another computer.

Marj Ramsey, a learning disabilities specialist

at CCCC, says the equipment is amazing to watch and recommends that all faculty members who require student reading see the demonstration.

Other learning disabilities counselors from area schools will be on hand for the Xerox demonstrations, which are set for 10 a.m. and 12:30 p.m. in the LRC conference room.

For more information, call Ramsey at ext. 5929.

## **Disabled Awareness Day Set for April 7**

CCCC faculty and students are encouraged to go through a nine-hole "golf" course simulation of disabilities from 10 a.m. to 2 p.m. Tuesday, April 7 in the Spring Creek Campus Atrium.

The Disabled Awareness Day event will feature nine stations where participants can experience different kinds of disabilities. The event is free for CCCC staff and faculty with an ID card. Those who complete the nine-hole course will receive a free T-shirt.

The event is being sponsored by Kerry Tate, adviser to students with disabilities, and Marj Ramsey, learning disabilities specialist with Project SPARK, as well as the Student Activities Office.

The simulations will include: "Read My Lips," a hearing impairment exercise; "I Can See It Now," a visual impairment exercise; "It All Adds Up," an exercise in dyscalcula; "A Horse of a Different Color," an exercise in neurological impairments; "It's as Plain as the Nose on Your Face," a dyslexia exercise; and "Get it Straight," an orthopedic impairment exercise.

"This event hopefully will increase understanding of those who live with disabilities," Ramsey said.

For more information, call Tate at ext. 5950 or Ramsey at ext. 5929.

## **ADA Resource Center Established**

A resource center with information on the Americans with Disabilities Act has been set up in the Learning Resources Center at the Central Park Campus. The resource materials are on reserve.

Materials include an overview of the act and a two-volume compliance guide. Information will be added to the resource center as it becomes available. Call Martha Ellis at ext. 6606 or Alicia Tibbals at ext. 6866.

## Cooperative Work Experience News

The Cooperative Work Experience Division of the Texas Resource Center is sponsoring two seminars that will interest CCCC staffers.

The first, "Effective Networking Strategies," will be presented by George Yates of the Employment Resource Center from 8-10 a.m. and 6-8 p.m. on Friday, April 10 in the Spring Creek Campus Conference Center in room F108d.

The second seminar, "RelaxAbility," will be conducted by Beverly Tremain of CCCC's Wellness Center from 2-4 p.m. on Tuesday, April 14 and from 8-10 a.m. Wednesday, April 15 in the Spring Creek Campus Conference Center in room F108a. Wear comfortable clothes.

## Child Development News

CCCC faculty and staff are invited to join the Child Development Lab School in its celebration of the Week of the Young Child from Monday, April 6 to Friday, April 10.

Several activities have been planned to celebrate the week, recognized nationally to call attention to the critical significance of a child's early years. The focus this year is "Young Children: Their Future In Our Hands."

Some activities planned for the week will include a children's art exhibit all week in the Spring Creek Campus Atrium and a hot air balloon lift-off.

Other events scheduled are:

\*A puppet show with children's librarian Genie Hammel at 9:30 a.m. Monday, April 6 in the SCC/Atrium.

\*Sidewalk art by children of the lab school at 11 a.m. Tuesday, April 7 near the fountain at the west entrance of SCC.

\*Jim Dunlap from the Plano Outdoor Learning Center will speak at 9:30 a.m. Wednesday, April 8 in the SCC/Atrium.

\*A Concert on the Green at 11:30 a.m. Thursday, April 9 will be on the grassy area west of the SCC/Gymnasium. The singalong will feature lab school teachers Carol-Ann Mickle and Joyce Nanson.

\*Parents' Day for parents and children of the lab school begins at 11 a.m. Friday, April 10 in the grassy area west of the SCC/Gymnasium.

## Art To Be Judged In Fine Arts Competition

Art works from area college freshmen and sopho-

mores will be judged in a fine arts competition at CCCC Monday, April 6 in the Gallery at Spring Creek Campus.

Work in painting, drawing, printmaking, collage, mixed media, sculpture, ceramics and fibers will be on display in the Gallery as part of the exhibition which will run through Thursday, April 16. Juror for the second annual multimedia competition is Barry Whistler, owner of Barry Whistler Gallery in Dallas.

The Gallery is open Mondays and Wednesdays from 9 a.m. to 5 p.m. and Fridays from 9 a.m. to 1 p.m. For more information on the competition and exhibition, call Lee Akins at ext. 5951.

## Wit and Wisdom

Napoleon once observed, "An army's effectiveness depends on its size, training, experience and morale...and morale is worth more than all the other factors combined."

It's the same in every organization. No matter how capable the people, when morale sags, so does performance.

It's not hard to spot low morale. The zest goes out of a person's work. Loss of interest and enthusiasm shows in less effort and poorer results.

People can get disenchanted with their jobs for any number of reasons. Trying to find out why takes a willingness to talk and listen to people, to observe what bothers them and to read between the lines of what they say and do. It's the only way to intelligently decide what, if anything, a leader can do about it.

Good pay is important to morale, but it's only part of the story. The most vital thing is the knowledge that one's boss cares about him or her as a person, not just as a means of turning out work. When people know that their boss is genuinely interested in them, their feelings, problems and ambitions, and good attitudes come naturally.

People want to be appreciated. They like to know that what they do is significant, that they are an important part of a team effort. Most of them would like increased challenges and responsibilities, a chance to be more important to the organization. They would like to see some hope for a brighter, more productive future.

No leader can give people everything they want all of the time. But he or she can be aware of what people want, show them that they know how they feel, and satisfy their needs whenever they can. Doing this, on a daily basis, and with a sincere attitude, is the stuff of which good morale is made.

*\*From Bits & Pieces*

## Rodeo Stampedes Into Town

CCCC's Fourth Annual Rodeo will kick up dust on Friday and Saturday, April 24-25 at the Collin County Youth Park west of McKinney.

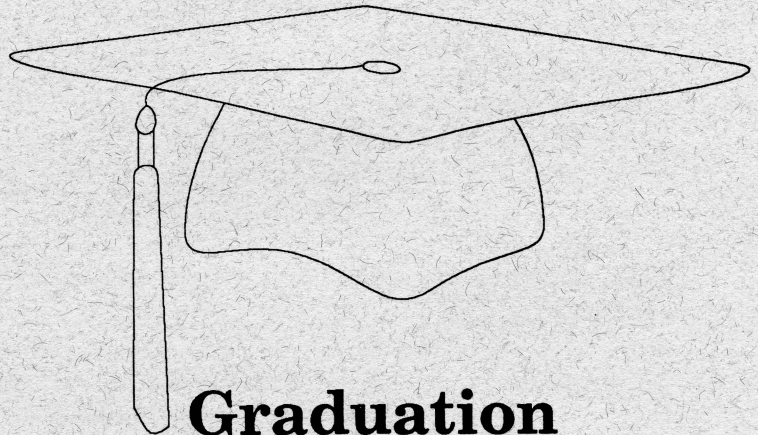
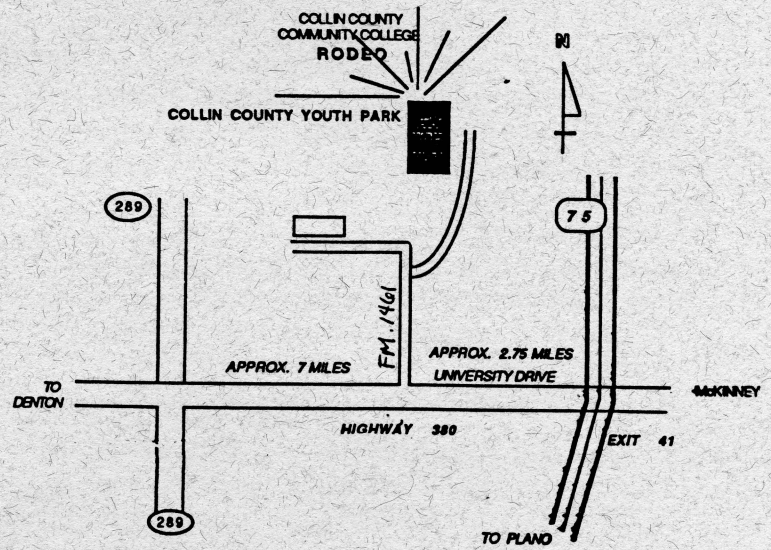
The rodeo will begin at 8 p.m. each night, and tickets are \$5 for adults and \$2 for children under 12 years of age. Tickets will be available at the gate.

Events will include bareback riding, calf roping, saddle bronc riding, steer wrestling, team roping, bull riding, ladies barrel racing, a calf scramble for children under 12 years of age and a speciality clown act.

The rodeo is sanctioned by the International Pro Rodeo Association and the Central Rodeo Association and is sponsored by the CCCC Rodeo Club.

For more information on the rodeo, call Jennifer Short at ext. 6747. The Collin County Youth Park is off of FM 1461, about three miles west of Highway 75 in McKinney.

Map



**Graduation**  
**Wednesday, May 13**  
**7 p.m.**  
**John Anthony**  
**Theatre**  
**Spring Creek Campus**

# CCCC Announces Wellness Week Activities

CCCC's third annual "Wellness Week 1992: Commitment to Wellness" is scheduled for the week of April 20-24 and will feature seminars, mini massages, fitness center tours, cholesterol checks, aerobic dance and karate demonstrations and health checks.

Events will take place on both Spring Creek Campus and Central Park Campus. The activities are free (except where noted) and open to the public.

The week's schedule of activities follows:

## Monday, April 20—Emotional Awareness Day

\*Literature and videos will be displayed in the SCC/Atrium and CPC/Second Floor Atrium to promote awareness on emotional health issues.

\***Aids Prevention Exhibit:** from 9 a.m. to 1 p.m. in Second Floor Atrium at CPC.

\***Self Esteem: The Heart of Wellness:** Mark Hundley, president of "The Next Thing," is the keynote speaker for Wellness Week 1992. He will speak at 9 a.m. in SCC/F108a on how self-esteem is expressed through the physical, emotional, mental and spiritual aspect of one's life.

\***Mini-Massage:** by Texas Touch from 10:30 a.m. to 6 p.m. in the SCC/Atrium. Certified massage therapists will give eight-minute massages for \$5 and 15-minute massages for \$10. Massages will be given in CPC/Second Floor Atrium from 10:30 a.m. to 1 p.m.

\***The Alzheimer's Disease:** Seminar begins at noon in SCC/F108c on the disease that is now the fourth leading cause of death in the United States. Information will be provided on the etiology of the disease, support groups and available resources.

\***Heart Health Food Festival:** Lunch in the SCC Cafeteria will feature a heart healthy menu of items. Lunches served during Wellness Week will be low fat, low calorie and low sodium.

\***Preventing AIDS:** Workshop at 1:30 p.m. in CPC/A224 will focus on the lifestyle that predisposes a person to AIDS and methods for preventing the disease.

\***Taking Care of Your Aging Parent:** Seminar from 2-4 p.m. in SCC/F108a will provide resources concerning financial and legal considerations; choosing a nursing home; respite care; the Family Medical Act; elderly abuse; health care reform; and caring for the caregiver.

\***Massage Therapy Workshop:** Learn the technique of massage therapy with a certified massage therapist from 6:30-8:30 p.m. in SCC/A217. Please register as a couple and wear bathing suits to class. Cost is \$3 per couple.

## Tuesday, April 21—Intellectual Awareness Day

\*Literature and videos will be displayed in the SCC/Atrium and CPC/Second Floor Atrium to promote awareness of intellectual issues.

\***Breast Self-Examination: Before It's Too Late:** Discussion of importance of monthly breast self-examinations and procedures will be from 9-9:30 a.m. in SCC/F108c.

\***Osteoporosis: A Preventive Approach:** Discussion about prevention and treatment of osteoporosis will be from noon to 1 p.m. in SCC/F108d.

\***Fitness Center Tours:** Walk-through tours at 4 p.m. on both campuses, SCC/A217 and CPC/B207, of the Fitness centers.

\***Cholesterol Checks:** Find out your good and bad cholesterol and find out your risk for coronary disease during cholesterol checks from 7:30-9:30 a.m. at CPC/Second Floor Atrium. The fee is \$12, and participants must fast for 12 hours prior to testing. Preregister by Thursday, April 16. Call Beverly Tremain at ext. 5777 to register.

## Wednesday, April 22—Earth Wellness Day

\*Literature, videos and exhibits will be displayed in the SCC/Atrium and CPC/Second Floor Atrium to promote awareness of earth wellness.

\***Whole Foods Market Exhibit and Tours:** Market exhibit will be open from 9 a.m. to 1 p.m. in the SCC/Atrium and offer food samples, free literature, information on tours of the store and information about Whole Foods Market.

\***Aerobic Dance Benching Demonstrations:** The intermediate aerobic dance class of the Health, Physical Education and Dance Department will demonstrate aerobic dance and benching at 11 a.m. in SCC/Atrium.

\***Overcoming Overeating:** Course will be from 6-9 p.m. in SCC/A217 and promote learning to eat from a physiological hunger instead of an emotional hunger. Assessment and study materials provided. Preregister by April 20.

## Thursday, April 23—Physical Awareness Day

\*Literature, videos and exhibits will be displayed in the SCC/Atrium and CPC/Second Floor Atrium to promote awareness of physical wellness.

**\*Cholesterol Checks:** Take the cholesterol test and find your risk for heart disease. Participants must preregister and fast for 12 hours prior to test. Tests will be given from 7:30–9:30 a.m. in SCC/A217. Fee is \$21. Preregister by April 16.

**\*New Treatments in Smoking Cessation:** The seminar from noon to 1 p.m. in CPC/A117 will focus on the latest medical treatments available for quitting smoking.

**\*Employee CPR (Course B):** will be from noon to 5 p.m. at SCC/A217.

**\*A Disease Called Lupus:** Seminar on the disease from 12:30–1:30 p.m. in SCC/F108d. The cause for lupus is unknown, and it is estimated that about 500,000 Americans have lupus.

**\*Breast Self-Examination: Before It's Too Late:** Discussion of importance of monthly breast self-examinations and procedures will be from 4–4:30 p.m. in CPC/A117.

**\*Health Checks:** Fifteen-minute assessments of percent body fat, blood pressure and flexibility will be offered from 2–4 p.m. in SCC/A217 and from 3–5 p.m. in CPC/B207.

#### **Friday, April 24—Safety Awareness Day**

**\*Literature, videos and exhibits** will be displayed in the SCC/Atrium and CPC/Second Floor Atrium to promote awareness of safety.

**\*Mammography:** A mobile breast cancer screening center will be on SCC east of the tennis courts from 7:30 a.m. to noon to give mammography tests. Those interested must preregister by calling (800) 422-9567. Fee is \$65.

**\*AIDS Prevention Exhibit:** Materials and information about Acquired Immune Deficiency Syndrome will be on display from 9 a.m. to 1 p.m. in the SCC/Atrium.

**\*Karate Demonstrations:** Techniques and moves will be shown at 10 a.m. in the SCC/Atrium and at 11 a.m. in the CPC/Second Floor Atrium.

**\*Employee CPR Class:** will be from noon to 5 p.m. in CPC/A117.

**\*Preventing AIDS:** Workshop from 1:30–2:30 p.m. in SCC/F108b will focus on the lifestyle that predisposes a person to AIDS and methods for preventing the disease.

For more information on any of these events, or to register, call Beverly Tremain at ext. 5777. Dates and times of events are subject to change.

## **PROFESSIONAL DEVELOPMENT SEMINARS**

### **Faculty Seminars Abroad:**

The College Consortium for International Studies has announced the following professional development seminars:

1. *May 31–June 7*—Caracas and Canaima, Venezuela, Fee: \$1,500 including airfare. "Social, Cultural and Environmental Aspects of Venezuelan Development."

2. *June 13–27*—Moscow and St. Petersburg, Russia, Fee: \$2,250, including airfare. "New Beginnings in the Soviet Union."

3. *Oct 3–10*—Berlin, Fee: \$1,600, including airfare. "At the Crossroads of Eastern and Western Europe."

Contact Martha Ellis at ext. 6606.

### **The Manager as Coach**

*April 14*—Dallas, Fee: \$79.

The workshop at the Southland Center Hotel will focus on teaching coaching skills to improve leadership. Coaching skills are proven in motivating people and changing problem behavior. Among the items to be reviewed: team bonding, managing stress levels, dealing with emotions and getting peak performances. Call Martha Ellis at ext. 6606 for more information.

### **How To Supervise People**

*May 18*—Dallas, Fee: \$99.

This Fred Pryor seminar at Cityplace Conference Center will focus on methods for better supervising people. You will learn how to give meaningful praise, keep top performers at maximum level, get people to believe in the organization, increase departmental planning, solve tough people problems and be more organized. Participants will receive a 60-page workbook. Call Martha Ellis at ext. 6606 for more information.

### **Round-Up for Great Teaching**

*May 18*—Kerrville, Fee: \$425.

A week of intensive learning, teaching and reflecting for community college educators at the Lazy Hills Guest Ranch. The goals of the seminar include: celebration of good teaching; stimulation of creative problem solving; and renewal of self both professionally and personally. Call Martha Ellis at ext. 6606 for more information.

## Great Teachers Seminar

*May 31–June 5—Lake Geneva, Wis., Fee: \$595.*

The 23rd Annual Great Teachers Seminar will focus on "Problems of Instruction in the Community College." The fee covers room, all meals, special events and activities. Contact Martha Ellis at ext. 6606.

## Lifelong Education

*June 7–19—Harvard University, Cambridge Mass., Fee: \$3,200.*

The Institute for the Management of Lifelong Education is intended for upper-level administrators who are leading the way toward making innovative, responsive educational opportunities available to a wide variety of learners. They define upper level administrator as ranging from president to dean to senior faculty members. The fee covers tuition, room, all meals and all instructional materials. The Kellogg Foundation has scholarships for two-year college participants. The institute is competitive and the deadline for application is April 1. Contact Martha Ellis at ext. 6606.

## Faculty Development Conference

*June 28–30—Vail, Colo., Fee: \$245.*

The 1992 International Faculty Development Conference will focus on innovative faculty development programs in the United States and Canada. Contact Martha Ellis at ext. 6606.

## Second National Conference on Classroom Research and Classroom Assessment

*July 10–11—Berkeley, Calif.*

This is a conference for college faculty instructional developers and administrators interested in using assessment to improve learning. A stimulating exchange of practical lessons learned and new directions in classroom assessment will take place among creative colleagues from across disciplines and across the continent. Contact Martha Ellis at ext. 6606.

## Renewal Week

*July 19–25—New Mexico, Fee: \$250 includes room, board.*

Sponsored by Dallas County Community College District and the North Texas Community/Junior College Consortium, the week in the New Mexico mountains is meant to help faculty renew. Toni Allen and Billie Cunningham went last year.

Deadline for registration is April 16. CCCC, as a member of the consortium, can send one person to renewal week. Call Martha Ellis at ext. 6606 for more information.

## Texas Association for Supervision and Curriculum Development Texas Conference

*Nov. 1–4 — Fort Worth*

The conference theme is Achieving World Class Outcomes. The call for proposals deadline is April 10. Faculty members are strongly encouraged to submit. Call Martha Ellis at ext. 6606 for more information.

## Three Area Chambers to Host Management Seminar

The Allen, McKinney and Plano chambers of commerce are hosting a seminar, "Manage the 'I'm Entitled To It' Generation," from 7:30–10:30 a.m. on Thursday, May 7 at the Allen Public Library.

The executive briefing will explore the dynamics of Human Resources performance based on the college's business strategies. Issues discussed will include the motivation of work teams, alternative approaches to traditional reward systems, incentive and bonus plans, and team selection.

Rollie Waters of The Waters Consulting Group will be the speaker for the seminar. The cost to attend the seminar is \$25, payable by MasterCard, Visa or check to the Waters Consulting Group in care of the McKinney Chamber. Reservations must be made in advance by calling the McKinney Chamber of Commerce at (214) 542-0163.

## Campus Tours Established

Beginning Friday, March 27, the information centers at both Central Park and Spring Creek campuses will be conducting campus tours for interested faculty and staff. The tours will give CCCC personnel, especially new faculty and staff, an opportunity to become familiar with our facilities. Tours will be conducted the last Friday of each month from 2–3 p.m.

For more information or to sign up for a tour, please call Ann Long at ext. 0 (from CPC) or 6790 (from SCC), or Roberta Collins or Sandra Demler at ext. 0 (from SCC) or 5790 (from CPC).